



EASO

European Association for the Study of Obesity



Registration and Abstract Brochure

18th European Congress on Obesity (ECO2011)
Istanbul, Turkey

May 25-28 2011

www.easo.org/eco2011

Contents

Welcome.....	3
Istanbul as a Destination	4
The Congress Venue	4
Committees	4
The Host Associations	5
The Congress	6
ECO 2009 Statistics	6
The ECO2011 Scientific Programme.....	7
The Scientific Programme in full	8
Abstract Submission	10
Registration	11
Hotel Accommodation.....	12
Social programme	13
General Information	14

Key Dates

Abstract Submission Deadline:	7 November 2010
EASO Awards Application Deadline:	7 November 2010
Early Pre-Registration Deadline:.....	28 January 2011
'Hot Topic' Abstract Submission Deadline:.....	28 February 2011
Standard Pre-Registration Deadline:.....	15 May 2011
18th European Congress on Obesity:	25-28 May 2011



Welcome

Dear Colleagues

The European Association for the Study of Obesity (EASO) and the Turkish Association for the Study of Obesity (TASO) are delighted to invite you to attend the 18th European Congress on Obesity (ECO2011), which will take place in Istanbul, Turkey from 25-28 May 2011.

We are delighted that EASO has chosen Istanbul as the ECO host city in 2011. We welcome you back to the ECO and to Istanbul in particular - an enchanting city where continents have always met with joy and pride. The fusion of the Byzantine era, Ottoman times and modern Turkey has created a magnificent flavour here that you all must come and taste.

It is fitting that the ECO will take place in Istanbul, the host city of the 2006 WHO European Ministerial Conference on Counteracting Obesity - a catalyst for many important initiatives in our field. Indeed, we hope to incorporate an update from WHO Europe into the official scientific programme. ECO2011 will provide an essential platform for discussion on the latest scientific, management and public health developments in the field, many of which are a direct consequence of the Ministerial Summit.

The EASO Executive Committee and the ECO2011 International Scientific Committee have gone to great lengths to make ECO2011 both scientifically and socially special. The programme includes more science than ever before but the cost of attendance has been frozen at the 2009 rate! We have incorporated association sessions where you can benefit from the experiences of our partner societies in related fields - for the first time, EASO has invited sister associations to develop specific sessions within the ECO programme and in 2011 delegates will be able to attend topic related sessions organised by EASD (obesity and diabetes), ECCO (obesity and cancer), ESH (obesity and hypertension), IFSO-EC (obesity and bariatric

surgery) and ISBNPA (obesity and nutrition/physical activity). The EASO Task Forces will deliver practical workshops and of course the plenary lectures, review sessions, oral sessions and poster sessions will highlight the very best of management, prevention and research in our field.

In addition to an exceptional scientific programme, the social programme will offer you opportunities to see this wonderful, vibrant city at its best.

We believe that we have laid the foundations to quench your scientific thirst and to help you to network with colleagues from a number of fields related to the research into and treatment of obesity.

ECO2011 will be truly European and global. Istanbul is looking forward to seeing you all in 2011 to "make the continents meet".

With kind regards



Professor Volkan Yumuk
Chair, 18th European Congress on Obesity



Professor Jean-Michel Oppert
President, European Association for the Study of Obesity

Istanbul

The eye gazes sleepily across the seductive blue sweep of the Bosphorus:
One country - two continents.

As diverse as night and day, the only thing they have in common is the miraculous mirage that is Istanbul - a skyline of sensually shaped mosques and minarets scattered across seven hills. Istanbul is the real Turkish delight, a mixture of old and new where east meets west. The city is an exciting combination of the splendours of the Ottoman past and modern luxuries. Guaranteed to make your visit a memorable success, Istanbul is the gateway to the rest of Turkey - definitely a paradise preserved.

A City of Harmony in a Country of Variety

The cultural diversity of Istanbul defies exaggeration. A Roman city converted to Christianity, it was also the seat of the Islamic caliphate that preserved the patriarchate of Christian Orthodoxy. It has been a refuge for Jews fleeing Spain in the XV. Century and for those seeking asylum in the 1930s. Belonging to 3 different religions and speaking 10 different languages, 26 ethnics groups live in Istanbul in harmony.

International Meetings in a Safe and Lively City

Istanbul is a metropolitan city with an advanced security infrastructure. The city has an astonishingly low record of crime according to Interpol statistics. General security is common in public places such as shopping centres and hotels and visitors should be prepared for security and/or identity checks at such places.

Entertainment

Istanbul is one of those metropolises of the world that never sleeps. Thousands of restaurants, bars, discos and nightclubs offer a variety of entertainment for all tastes.

The Congress Venue

ECO2011 will be held at the Istanbul Convention & Exhibition Centre, one of the top congress venues in Europe. The congress centre is located in the centre of Istanbul, close to Taksim Square. Most congress hotels are located within walking distance of the ICEC.

Istanbul Convention & Exhibition Centre (ICEC)

Harbiye 34267 Istanbul Turkey

Tel: +90 212 373 11 00

Fax: +90 212 224 08 78

For further information, please visit www.icec.org

Committees

EASO Executive Committee

President Jean-Michel Oppert (France)
President-Elect Gema Frühbeck (Spain)
Secretary Hermann Toplak (Austria)
Treasurer John Blundell (UK)
Regional Vice President: North Aila Rissanen (Finland)
Regional Vice President: Middle Gabriela Roman (Romania)
Regional Vice President: South Max Maislos (Israel)
Chair: Childhood Obesity Task Force Ram Weiss (Israel)
Chair: Obesity Management Task Force Constantine Tsigos (Greece)
Chair: Prevention Task Force Tommy Visscher (Netherlands)
Executive Director Euan Woodward (UK)

ECO2011 International Scientific Committee

ECO2011 Representative (ISC Chair) Volkan Yumuk (Turkey)
EASO COTF Representative Nathalie Farpour-Lambert (Switzerland)
EASO OMTF Representative Max Maislos (Israel)
EASO PTF Representative Tommy Visscher (Netherlands)
ECO2009 Representative Ellen Blaak (Netherlands)
ECO2012 Representative Martine Laville (France)
Expert in Basic Science Karine Clément (France)
Expert in Basic Science Abdul Dullo (Switzerland)
Expert in Clinical Management Dragan Micic (Serbia)
Expert in Epidemiology Lauren Lissner (Sweden)
Expert in Nutrition Anna Karin Lindroos (Sweden)
Expert in Psychology/Sociology Andrew Hill (UK)
Expert in Surgery Martin Fried (Czech Republic)
Local Expert: Endocrinology - Diabetes Zeynep Siva (Turkey)
Local Expert: Nutritional Profile, Turkey Perihan Arslan (Turkey)
Local Expert: Pediatric Endocrinology Abdullah Bereket (Turkey)

The Host Associations



European Association for the Study of Obesity

EASO is a leading biomedical association in Europe with networks in 30 countries. It plays a major role in EU/WHO projects, has dynamic and active Task Forces, organises educational activities throughout the region and hosts the annual European Congress on Obesity (ECO)

Established in 1986, EASO aims to promote research into obesity, facilitate contact between individuals and organisations, and promote action that tackles the epidemic of obesity. EASO now has 29 member associations representing more than 4000 individuals in 30 countries. Members come from a wide range of professions and include clinicians, scientists, allied health professionals working in the field of obesity research and education, opinion leaders and advocacy groups, health related organisations, governments, policy makers, representatives of UN Bodies and the international community.

The Objects of EASO are:

- To promote the preservation and protection of health and relief of sickness for the public benefit in the field of obesity and its related disorders
- To promote research, the dissemination of the results of such research and exchange of scientific information in the field of obesity within Europe
- To develop a deeper understanding of how to achieve and maintain a healthy bodyweight, and to manage and prevent obesity and its related conditions by those engaged in the study of obesity – healthcare professionals, health related organisations, governments and the European community'

For further information, please visit www.easo.org



TASO is a medical organization in Turkey leading primarily preventive and educational activities in the field of obesity and related disorders. It plays a major role in national policies and nationwide epidemiologic studies, has active Task Forces, organizes educational activities throughout the country and hosts the biannual National Congress on obesity.

Established in 1998, TASO aims to promote research in obesity, facilitates contact between individuals, pertinent NGO's and the governmental organizations (e.g. Ministry of Health) in order to overwhelm the obesity epidemic of our century. TASO has grown to a body of members that come from a variety of professions including mainly clinicians and clinical researchers, dieticians and other health related professionals who are working in the field of obesity management, research and education.

The objectives of TASO are:

- To promote the protection of public health in the field of obesity and its related disorders
- To develop an understanding of how to achieve and maintain good health and to manage and prevent obesity and its related conditions
- To develop an understanding of multidisciplinary management of obesity according to established guidelines
- To promote research, the dissemination of the results of such research and exchange of scientific information in the field of obesity within Turkey and with all partners

For further information, please visit www.diabetcemiyeti.org

The Congress

The objectives of the ECO are:

- To provide an annual forum for the dissemination of information about research advances in the field of obesity
- To identify, debate and promote innovative preventive and treatment strategies to reduce the prevalence of obesity and its associated burden of diseases
- To provide networking opportunities for experts in the field of obesity research and management

The ECO is the most important annual obesity related congress in Europe. Sponsorship of the congress will demonstrate your commitment to addressing the problem of Obesity and will help EASO achieve its important and challenging goals. ECO2011 will also provide companies and organisations with an outstanding opportunity to promote their products and services to obesity specialists from Europe and around the world.

The congress is truly International, attracting over 2500 participants from more than 80 countries. Participants are nutritionists, clinicians, practitioners, researchers – all experts and key opinion leaders in the field of obesity and its related conditions. The interdisciplinary nature of Obesity research and education allows the programme to address key issues on Obesity and its many co-morbidities.

The Congress Organiser

The 18th European Congress on Obesity will be organised 'in-house' by the EASO Secretariat. Local arrangements will be handled by our partner in Istanbul, Figür Kongre and Organizasyon. Should you require any further information, please contact us at:

Abstract Submission and Registration

18th European Congress on Obesity

c/o EASO Secretariat

113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, United Kingdom

Tel: +44 (0) 20 8979 8300

Fax: +44 (0) 20 8979 6700

Email: eco2011@easo.org

Web: www.easo.org/eco2011

Accommodation and Local Issues

Mr Kerem Ünal

Figür Congress and Organization

Ayazmaderesi Cd. Karadut Sk. No:7 34394 Dikilitas Istanbul Türkiye

Tel: + 90 212 381 46 00

Direct: + 90 212 381 46 43

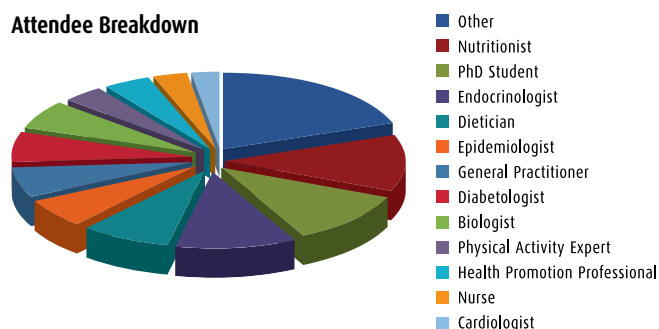
Fax: + 90 212 258 60 78

Gsm: + 90 533 580 71 34

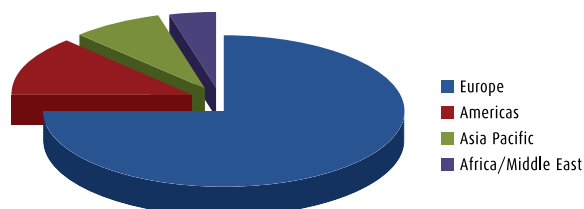
Email: keremunal@figur.net

ECO 2009 Statistics

Attendee Breakdown



Participation by geographical area



Past European Congresses on Obesity

- 1988 Stockholm – Sweden
- 1989 Oxford – England
- 1991 Nice – France
- 1992 Noordwijkerhout – Netherlands
- 1993 Ulm – Germany
- 1995 Copenhagen – Denmark
- 1996 Barcelona – Spain
- 1997 Dublin – Ireland
- 1999 Milan – Italy
- 2000 Antwerp – Belgium
- 2001 Vienna – Austria
- 2003 Helsinki – Finland
- 2004 Prague – Czech Republic
- 2005 Athens – Greece
- 2007 Budapest – Hungary
- 2008 Geneva – Switzerland
- 2009 Amsterdam – Netherlands

The ECO2011 Scientific Programme

The scientific quality, dynamism and influence of the ECO is unquestionable and ECO2011 will be no different.

ECO 2008:

'One of the best comprehensive lectures on a complex topic!'

T3:PL - Why a cluster is really a cluster? What matters most, insulin resistance/hyperinsulinemia or obesity? **Gerald Reaven (USA)**

'A lively, fascinating debate which highlighted the respective views of two experts on a controversial topic'

T1:PL - Will the human genome give us the answer to obesity? A debate.
Pro - Philippe Froguel (France), Con - Berit Heitmann (Denmark)

ECO 2009:

'One of the most important recent plenary lectures on society and obesity'

T1:PL - What makes an obesogenic society? **Richard Wilkinson (UK)**

'The finest lecture on implications of genetics that many delegates had ever heard (an absolute masterclass)'

T4:PL - What have we learnt from whole genome scans in obesity?
Ruth Loos (UK)

'A state of the art lecture on EI and obesity'

T1:RS3.3 - Increased energy intake alone virtually explains all the increase in body weight in the United States from the 1970s to the 2000s
Boyd Swinburn (Australia)

'A really high quality, fascinating debate'

T5:PL - Is obesity an eating disorder? Debate
Pro - Anita Jansen (Neth), Con - Maria Alemany (Spain)

Abstracts (and in some cases presentations) are available from www.easo.org

The ECO2011 scientific programme has been developed by a committee of leading experts and comprises 5 tracks. In addition to scientific sessions (plenary lectures, review sessions, workshops, Meet the Expert Sessions, Free Communications, Poster Sessions) based around these tracks, there will also be EASO Task Force Workshops, Regional Sessions which address region and country specific issues and Association Sessions which address related topics and are organised by EASO's partner societies including the European Association for the Study of Diabetes, the European Society of Hypertension, the International Federation for the Surgery of Obesity - European Chapter and the International Society of Behavioral Nutrition and Physical Activity.

1) Prevention and Society

- Socio-Cultural Aspects
- Interventions for Primary Prevention
- Environmental Influences (food, physical activity)
- Psychological Aspects
- Policy and Economics
- Globalisation/Nutrition Transition
- Cost Effectiveness of Different Management Strategies
- Novel Media

2) Epidemiology

- Lifestyle Related Determinants
- Health Outcomes
- Secular Trends
- Methodologies for Defining Obesity and Measuring Diet and Energy Expenditure
- Lifecourse Approach
 - Foetal and Early Life
 - Childhood and Adolescence
 - Early to late Adulthood

3) Integrative Physiological Systems

- Body Composition, Fat Distribution and Ectopic Fat
- Nutrient Partitioning and body composition

- Fatty acid partitioning, adipose tissue-muscle cross talk
- Lean-fat tissue partitioning
- Energy Balance and its neuro-endocrine regulation
 - Intake
 - Expenditure
- Gut Microbiota
- Metabolic Programming

4) Genes and Cellular Mechanisms

- Inflammatory mechanisms
- Genetics and Lifestyle-Gene Interactions
- Fat Cell Dynamics and Cytokines
- Organelle (Dys)Function
- ER stress and liver disease
- Mitochondrial function

5) Management and Co-Morbidities

- Physical Activity Strategies
- Dietary Strategies
 - Nutrient Composition
 - Bioactive Food Ingredients
 - Functional Foods
 - Other
- Integrative Management
 - Behavioural Approaches
 - Treating Vulnerable Populations
- Surgical Strategies
- Pharmacological Treatment: Current and Novel Drugs
- Management of Obesity in Childhood and Adolescence
- Management of Complications:
 - Treatment of Co-morbidities in Obese Patients
 - Treatment of Obesity in Patients with Co-morbidities

The scientific programme will also feature pre and post congress specialist meetings. Please visit www.easo.org/eco2011 for regular updates.

Scientific Programme in full

Wednesday 25 May 2011

0830 - 1130	Pre Congress Workshops Number and Content TBC	1330 - 1530	EASO Task Force Workshops EASO COTF Workshop Content TBC EASO OMTF Workshop Content TBC EASO PTF Workshop Content TBC
1200 - 1330	Industry Supported Satellite Session Industry Supported Satellite Session 1 Company and Content TBC	1530 - 1600	Coffee Break/Exhibition
1200 - 1730	Basic Science Session Session 1 - Body Composition, Fat Distribution and Ectopic Fat 1200 - 1230 Gluteofemoral vs Abdominal Fat in Health: Mechanistic Aspects K Frayn (UK) 1230 - 1300 Gender Differences in Fat Storage Capacity M Jensen (US) 1300 - 1330 Adipose Tissue Expandability: An Allostatic Perspective A Vidal-Puig (UK) 1330 - 1400 Inter-Muscular Adipose Tissue and Pathophysiological Implications R Vettor (Italy) 1400 - 1430 Lipid Trafficking and Body Composition During Long-Term Physical Inactivity S Blanc (France)	1600 - 1730	Industry Supported Satellite Session Industry Supported Satellite Session 2 Company and Content TBC
1430 - 1500	Break Session 2 - Organs and Ectopic Fat 1500 - 1530 FAT in the Heart G Iacobellis (Canada) 1530 - 1600 Is BAT an Ectopic Fat Depot? J Nedergaard (Sweden) 1600 - 1630 Skeletal Muscle and Ectopic Fat: Modulation by Nutrient E Blaak (Netherlands) 1630 - 1700 Hepatic Lipotoxicity: Modulation by Nutrients L Tappy (Switzerland) 1700 - 1730 Brain Lipogenesis and Lipotoxicity M Lopez (Spain)	1730 - 1945	Plenary Session Opening Plenary Lecture 1730 - 1815 WHO Europe Monitoring - An Update from Istanbul 2006 J Breda (Den/Portugal) Opening Ceremony EASO Young Investigator Awards Winners TBC
		1945 - 2130	Social Programme ECO2011 Welcome Reception

Thursday 26 May 2011

0730 - 0830	Meet the Expert Sessions/Regional Debates Number and Content TBC	1300 - 1500	Lunch, Exhibition and Posters
0830 - 0915	Plenary Lecture T1:PL - Track 1 Plenary Lecture What is Obesity Prevention, Anyway? P James (UK)	1330 - 1430	Industry Supported Satellite Sessions Industry Supported Satellite Session 3 Industry Supported Satellite Session 4
0930 - 1100	Review Sessions T2:RS1 - Health Outcomes in Early and Later Life 0930 - 1000 T2:RS1.1 - How Do Early Mental and Physical Health Outcomes Appear in Children? L Griffiths (UK) 1000 - 1030 T2:RS1.2 - Is there an optimal anthropometric measure in younger and older adulthood? A Molarius (Sweden) 1030 - 1045 T2:RS1.3 - Selected from Abstracts 1045 - 1100 T2:RS1.4 - Selected from Abstracts T3:RS1 - Energy Balance and its Neuro-Endocrine Regulation 0930 - 1000 T3:RS1.1 - Enterocytes as Energy Flow Sensors in the Control of Energy Intake W Langhans (Switzerland) 1000 - 1030 T3:RS1.2 - Gut Hormones in the Central Control of Energy Metabolism S Bloom (UK) 1030 - 1045 T3:RS1.3 - Selected from Abstracts 1045 - 1100 T3:RS1.4 - Selected from Abstracts T5:RS1 - Comorbidities of Obesity 0930 - 1000 T5:RS1.1 - Obesity and PCOS B O Yildiz (Turkey) 1000 - 1030 T5:RS1.2 - Obesity and Kidney D Kiortsis (Greece) 1030 - 1100 T5:RS1.3 - Obesity and the Heart D Dicker (Israel) T5:RS2 - Physical Activity 0930 - 1000 T5:RS2.1 - The Role of Physical Activity at the School Age in Weight Management B Gutin (US) 1000 - 1030 T5:RS2.2 - How do We get Adults to be More Active J-M Oppert (France) 1030 - 1045 T5:RS2.3 - Selected from Abstracts 1045 - 1100 T5:RS2.4 - Selected from Abstracts	1500 - 1545	Plenary Lecture T2:PL - Track 2 Plenary Lecture Current Questions in Defining Childhood Obesity T Cole (UK)
1100 - 1130	Coffee Break/Exhibition	1600 - 1730	Association and Review Sessions Association Session. IFSO-EC: Bariatric Surgery Content TBC T1:RS1 - Psycho-Social and Cultural Aspects 1600 - 1630 T1:RS1.1 - Lifecourse Epidemiology in Relation to Obesity G Davey Smith (UK) 1630 - 1700 T1:RS1.2 - Understanding the Relationship between Obesity & Educational Achievement T I A Sorensen (Denmark) 1700 - 1715 T1:RS1.3 - Selected from Abstracts 1715 - 1730 T1:RS1.4 - Selected from Abstracts T4:RS1 - Genetics and Lifestyle-Gene Interactions 1600 - 1630 T4:RS1.1 - Genome Wide Scan: Current Insight R Loos (UK) 1630 - 1700 T4:RS1.2 - Nutrient Gene Interaction: Current Insight J Ordovas (US) 1700 - 1715 T4:RS1.3 - Selected from Abstracts 1715 - 1730 T4:RS1.4 - Selected from Abstracts T3:RS2 - Gut Microbiota 1600 - 1630 T3:RS2.1 - Gut Microbiota: State of the Art Technique W de Vos (Netherlands) 1630 - 1700 T3:RS2.2 - Animal Models of Obesity and Microbiota F Backhed (Sweden) 1700 - 1730 T3:RS2.3 - Gut Microbiota: Relevance in Human Metabolism J Dore (France)
1130 - 1300	Association and Oral Sessions ESH - Obesity and Hypertension Content TBC Oral Session 1 - Six Presentations Selected from Abstracts Oral Session 2 - Six Presentations Selected from Abstracts Oral Session 3 - Six Presentations Selected from Abstracts	1800 - 1900	Industry Supported Satellite Sessions Industry Supported Satellite Session 5 Industry Supported Satellite Session 6
		1900 - 2030	Social Programme Posters Networking Reception Speakers Dinner

Friday 27 May 2011

0730 - 0830	Meet the Expert Sessions/Regional Debates Number and Content TBC
0830 - 0915	Plenary Lecture T3:PL - Track 3 Plenary Lecture Developmental Origins of Obesity M Hanson (UK)
0930 - 1100	Association and Review Sessions Association Session. EASO - Obesity and Diabetes Content TBC T1:RS2 - Policy and Economics 0930 - 1000 T1:RS2.1 - Prevention Policies: Lessons from Tobacco Control E Sezginer Dagli (Turkey) 1000 - 1030 T1:RS2.2 - Health Economics of Obesity from a European Perspective M Neovius (Sweden) 1030 - 1045 T1:RS2.3 - Selected from Abstracts 1045 - 1100 T1:RS2.4 - Selected from Abstracts T4:RS2 - Fat Cell Dynamics and Cytokines 0930 - 1000 T4:RS2.1 - Adipocyte Turnover and Disease Risks P Arner (Sweden) 1000 - 1030 T4:RS2.2 - Microenvironment of Adipose Cells: Remodelling and Body Weight K Clément (France) 1030 - 1045 T4:RS2.3 - Selected from Abstracts 1045 - 1100 T4:RS2.4 - Selected from Abstracts T5:RS3 - Nutritional Aspects of Treating Obesity 0930 - 1000 T5:RS3.1 - Adherence and Success in Long Term Weight Loss Diets E M Berry (Israel) 1000 - 1030 T5:RS3.2 - Dietary Management in Postsurgical Obese Patients D Millerova (Czech Rep) 1030 - 1045 T5:RS3.3 - Selected from Abstracts 1045 - 1100 T5:RS3.4 - Selected from Abstracts
1100 - 1130	Coffee Break/Exhibition
1130 - 1300	Regional and Oral Sessions Regional Session - EASO Southern Region Content TBC Oral Session 4 - Six Presentations Selected from Abstracts Oral Session 5 - Six Presentations Selected from Abstracts Oral Session 6 - Six Presentations Selected from Abstracts
1300 - 1500	Lunch, Exhibition and Posters

1330 - 1430	Industry Supported Satellite Sessions Industry Supported Satellite Session 7 Industry Supported Satellite Session 8
1500 - 1545	Plenary Lecture 1500 - 1545 T4:PL - Plenary Lecture Stress Mechanisms in Obesity G Hotamisligil (US)
1600 - 1730	Association and Review Sessions Association Session. ECCO - Obesity and Cancer Content TBC T2:RS2 - Methodologies to Integrate Nutrition and Physical Activity 1600 - 1630 T2:RS2.1 - New Methods for Integrating Diet and Physical Activity Assessment H Moore (UK) 1630 - 1700 T2:RS2.2 - Energy Balance and Determinants in Children E van Sluijs (Netherlands) 1700 - 1715 T2:RS2.3 - Selected from Abstracts 1715 - 1730 T2:RS2.4 - Selected from Abstracts T5:RS4 - Novel Drugs 1600 - 1630 T5:RS4.1 - Pharmacotherapy of Obesity: Lessons from Past and Present F Casanueva (Spain) 1630 - 1700 T5:RS4.2 - What are the Targets of New Drugs in the Pipeline? S Svacina (Czech Republic) 1700 - 1715 T5:RS4.3 - Selected from Abstracts 1715 - 1730 T5:RS4.4 - Selected from Abstracts T3/T4:RS1 - Neuronal and Metabolic Programming 1600 - 1630 T3/T4:RS1.1 - Brain and Inflammation J Thaler (US) 1630 - 1700 T3/T4:RS1.2 - Leptin and Neuronal Development S Bouret (France) 1700 - 1730 T3/T4:RS1.3 - Thrifty Metabolism in Catch-Up Growth Trajectories to Obesity A Dulloo (Switzerland)
1800 - 1900	Special Session EASO Young Investigators United Content TBC
1800 - 1900	Industry Supported Satellite Session Industry Supported Satellite Session 9
2000 - 2330	Social Programme Congress Gala Dinner

Saturday 28 May 2011

0830 - 0915	Plenary Lecture T5:PL - Track 5 Plenary Lecture Controversies in Obesity: Should Metabolically Normal Obese Patients be Treated? Pro: C Tsigos (Greece) Con: N Finer (UK)
0930 - 1100	Oral Sessions Oral Sessions - Six Presentations Selected from Abstracts Oral Sessions - Six Presentations Selected from Abstracts Oral Sessions - Six Presentations Selected from Abstracts Oral Sessions - Six Presentations Selected from Abstracts
1100 - 1130	Coffee Break/Exhibition
1130 - 1300	Association and Review Sessions Association Session. ISBNPA - Obesity and Physical Activity Content TBC Review Session. T1/T2:RS1 - Surveillance and Early Life Prevention 1130 - 1200 T1/T2:RS1.1 - Childhood Obesity Surveillance: Moving from Monitoring to Action N Farpour-Lambert (Switz) 1200 - 1230 T1/T2:RS1.2 - Obesity Interventions in the Very Young: Rationale and Evidence L Daniels (Australia) 1230 - 1245 T1/T2:RS1.3 - Selected from Abstracts 1245 - 1300 T1/T2:RS1.4 - Selected from Abstracts
1315 - 1430	Plenary Session 1315 - 1400 Plenary Lecture - EASO Friedrich Wassermann Award Award Winner TBC 1400 - 1430 Closing Ceremony and Abstract/Poster Award Ceremony
1330 - 1200	Review Session. T4:RS3 - Organelle (Dys)Function T4:RS3.1 - Mitochondria Dysfunction in White Adipose Tissue Pathophysiology F Villarroya (Spain) 1200 - 1230 T4:RS3.2 - Mitochondrial Energetics (Muscle, Liver) and Oxidative Stress Diet S Iossa (Italy) 1230 - 1300 T4:RS3.3 - Mitochondrial Dysfunction (Muscle) and Oxidative Stress J J Rieusset (France)
1315 - 1200	Review Session. T5:RS5 - Management of Childhood and Adolescent Obesity T5:RS5.1 - Family Based Interventions J Hebebrand (Germany) 1200 - 1230 T5:RS5.2 - Pharmacological Treatment R Weiss (Israel) 1230 - 1300 T5:RS5.3 - Bariatric Surgery L Angrisani (Italy)

N.B. Speakers have been invited but not all are confirmed. This version should be used as a guide only – please see www.easo.org/eco2011 for regular programme updates.

Abstract Submission

Abstract submission will open in September 2010. The deadline for receipt of abstracts is 7 November 2010. Abstracts will only be accepted via www.easo.org/eco2011

Important Note: Review Sessions at ECO2011 will incorporate the highest quality submitted abstracts – giving abstract submitters greater opportunity to present their work orally. The ECO2011 International Scientific Committee (ISC) will allocate abstracts to review sessions and to oral sessions and their decision will be based purely on quality of abstract. In addition, EASO will present awards for the best abstracts and for the best posters at the ECO2011 Closing Ceremony. The initial selection for these awards will be made using submitted abstracts – **it is therefore important that submitted abstracts are of the highest possible standard.**

ECO2011 Abstract Submission Instructions

- Only online submissions, submitted with a valid email address via the ECO2011 website, will be considered. Abstracts submitted by post, fax or email will **not** be considered.
- Abstracts must be submitted in English with a maximum word count of 250 words. This includes body text and tables. You are advised to use the ECO2011 Abstract Template which can be downloaded from the ECO2011 website. Abstracts which exceed this word count will not be considered for review.
- The submission fee is €40 per abstract - this should be paid at the time of abstract submission and no later than the abstract submission deadline of 7 November 2010. If payment is not received by this date, abstracts will NOT be considered.
- Contact details of the submitting author must be provided as part of the abstract submission process. All correspondence will be sent to the submitting author only. It is the responsibility of the submitting author to forward any relevant correspondence to the presenting author.
- All presenters of accepted abstracts are expected to attend the Congress and pay the relevant registration fee.

Abstract Presentation - Important information

Review Sessions at ECO2011 will incorporate the highest quality submitted abstracts – giving abstract submitters greater opportunity to present their work orally. Abstracts will also be selected for oral sessions and poster presentation.

Poster Sessions will form an integral part of the ECO2011 Scientific Programme. Poster Sessions will not conflict with any other sessions meaning that they will not be scheduled at the same time as oral sessions in the programme. Poster authors will be asked to stand by their poster during scheduled poster presentation times. Authors will be notified of the status of their abstract in early 2011. Further presentation instructions will be given at this time.

Please note that the **EASO Best Abstract and Best Poster Prizes** will be awarded at the ECO2011 Closing Ceremony and will be selected by ISC selection. Further information is available on the ECO2011 website and will be available in the official Congress Programme Book.

Conflict of interest and Funding Disclosure

EASO encourages full disclosure of all relevant sources of funding in relation to abstracts submitted to this congress. If you wish to disclose a conflict of interest or funding, please provide specific details at the foot of your abstract. See the ECO2011 Abstract Template (available via the ECO2011 website) for further information.

Publication

All accepted abstracts will be published in the official ECO2011 abstract book, a supplement of Obesity Facts, the European Journal of Obesity. Obesity Facts is the official journal of EASO.

Confirmation of Receipt

Submitting authors will be sent an acknowledgement via e-mail to confirm that their abstract has been received. If you do not receive the acknowledgement within three days of your submission, please contact the Congress Secretariat (details on page 6).

Abstract Submission Deadline: 7 November 2010

Registration

Please visit www.easo.org/eco2011 to register. Only online registration will be accepted.

Registration Rates

	Early Rate Payment received by 28 January 2011	Standard Rate Payment received by 15 May 2011	Onsite Registration From 16 May 2011
EASO Member (1)	€525	€600	€675
Non Member	€575	€650	€725
'World Bank' Rate (2)	€375	€475	€525
Student (3)	€250	€250	€250

1. Applicants must indicate the **EASO National Association** of which they are a member so that their membership can be verified.

2. To qualify for the 'World Bank' rate, applicants must live and work in a low-income countries as defined by the World Bank. Please see www.easo.org/eco2011 for a full list.

3. Applicants must be full-time students at the time of the congress and will need to send a proof of student status letter from their university department. Please post, fax or email it to the Congress Secretariat. Post-doctorate students are not eligible for this rate.

Note: Payments must be received by the corresponding deadlines (early or standard), otherwise the subsequent rate will automatically apply. Pre registration is available until 15 May 2011. Registrations from 16 May 2011 must be made onsite.

Registration Inclusions

Full Registration (Including Concessions)

- Admission to the scientific sessions and exhibition & poster hall
- Lunches and coffee breaks
- Delegate Bag - including programme book, abstract book etc.
- Opening Ceremony and Welcome Reception
- Certificate of attendance

Payment policy

Your registration will only be confirmed once full payment is received. Payment must be in Euros using one of the following options:

1. **Preferred Payment Option:** Credit card - Visa and MasterCard payments can be completed during online registration. Please note that we do **not** accept American Express or Diners Club cards.

2. If you wish to pay by bank transfer, instructions are noted below. Please note that an international bank transfer may take up to 10 days to reach our account and that you should ensure that transfer orders are raised well in advance of registration deadlines. Please ensure that your transfer order is referenced with the name of the delegate(s). Unreferenced transfer orders are difficult to process and may result in your registration not being confirmed. Please also note that the delegate **MUST** pay all fees related to the transfer.

For Bank Transfer:

Account Name: European Association for the Study of Obesity
Bank Name: HSBC Bank plc
Bank Address: International Branch
PO Box 181, 27-32 Poultry
London EC2P 2BX United Kingdom
Bank Account Number: 67975569
Sortcode: 40-05-15
IBAN: GB31MIDL40051567975569
SWIFT: MIDLGB22

3. If you take advantage of the early pre-registration rate, payment must be received by the January 28 deadline. If payment is not received by this deadline, the subsequent rate will automatically apply.

Cancellation policy

- Cancellations must be made in writing to the Congress Secretariat
- Cancellations received prior to 28 January 2011 will receive a full refund less a €100 administration fee
- Cancellations received after 28 January 2011 will not be refunded
- Substitute delegates will be accepted but must be advised in writing

Group Registration

Group registration is available to groups of 10 or more delegates. Download the Group Registration Guide from www.easo.org/eco2011 if you wish to register your delegates as a group. Group registration will be available from September 2010.

Group bookings must be organised by contacting eco2011@easo.org.

Press Registration

If you are an accredited journalist and would like to register for the Congress, please contact the Congress Secretariat at eco2011@easo.org or via www.easo.org/eco2011.

Letters of invitation

Letters of invitation to assist with Visa applications can be provided by the Congress Secretariat once the following information has been provided:

- Proof of payment of fees
- Full name
- Work address
- Home address
- Date of Birth
- Passport number

If you require an invitation letter please contact the Congress Secretariat. Visa applications are not the responsibility of the Congress. Please ensure that you submit your application to the appropriate Embassy in good time.

Letters of invitation will not be issued after 31 March 2011.

Italian Delegates

Please visit www.easo.org/eco2011 for further information.

Hotel Accommodation

The ECO2011 Organising Committee has secured high quality, competitively priced hotel rooms in various price categories in Istanbul. Most hotel accommodation available via the central booking system is within walking distance of the congress venue, the ICEC. Istanbul is a very busy city and you are urged to book through the congress system to secure the best rates at the most convenient hotels. The prices presented below are only an indication for standard rooms.

Housing agency

Figür Congress Services

Mr.Kerem Ünal

Ayazmaderesi Cad. Karadut Sok. No. 7, Dikilitas / Besiktas, Istanbul, Turkey

Phone: + 90 212 381 46 43

Fax: + 90 212 258 60 78

Email: keremunal@figur.net

Room rates

All prices are quoted in Euro per room per night, inclusive of breakfast, local VAT and service. Payment in other currencies will not be accepted. A one-night deposit will be required in order to secure the hotel reservation.

Category	Single room (per night in Euro)	Double room (per night in Euro)
3* Hotel	115 - 150	125 - 165
4* Hotel	130 - 225	150 - 300
5* Hotel	200 - 435	220 - 435

Please visit the congress website, www.easo.org/eco2011, for a full description of available hotels and prices.

Low budget accommodation

For low-budget accommodation possibilities or youth hostels, please contact the housing agency at keremunal@figur.net

Group accommodation

For group accommodation (10 rooms or more), Figür Congress Services has blocked hotel rooms in all categories. For further information please contact the housing agency at +90 212 381 46 43 or keremunal@figur.net

Reservation

To reserve your room, please fill in the hotel reservation form. The reservation will be confirmed on a first come, first served basis. Figür Congress Services, the ECO2011 housing agency, will try to meet all your accommodation requests. However, the housing agency reserves the right to make your hotel reservation at the best available alternative should your preferred hotel category be fully booked. **Rooms are subject to availability: the deadline for guaranteed hotel reservation is 28 January 2011.**

Payment

In order to guarantee your hotel reservation, a deposit equivalent to the cost of one night at your first-choice hotel is required when submitting the hotel reservation form, payable by credit card or bank transfer. Regrettably, bank drafts and cheques will not be accepted. The housing agency will make the hotel reservation only upon receipt of the deposit. Full payment of the hotel reservation is required on or before 28 February 2011.

The housing agency will send the invoice for the remaining balance by this date. If full payment is not received in due time, the housing agency reserves the right to charge your credit card accordingly. Payment after the congress is not possible. In case of bank transfer a valid credit card number must be communicated as well when making your reservation request in order to guarantee and secure your reservation. Please ensure that your credit card will still be valid at the time of the congress.

Credit card

Visa, Eurocard and MasterCard are the only credit cards accepted. Please enter all relevant information on the hotel reservation form. It is also imperative that the credit cardholder's name is clearly mentioned if it differs from the registrant's name.

Bank transfer

Bank fees are the sole responsibility of the registrant and should be paid in addition to the hotel booking costs. The bank transfer must clearly state the name of the congress and the name of the participant, as unidentified bank transfers cannot be processed. Bank transfer made in Euro to Figür Congress Services.

Account details:

Bank Name: Garanti Bankası

Account Number: 9088828

Branch: Valikonagi Branch

Branch code: 183

Swift Code: TGBATRIS 183

Iban Number: TR04 0006 2000 1830 0009 0888 28

Account name: Figür Kongre Organizasyonları

If payment is made for more than one person or by a company, please make sure that all names are properly indicated.

Confirmation

Within one week of receipt of your reservation form and hotel deposit, you will receive a confirmation of your hotel reservation by e-mail, including the name and address of your hotel and the costs per night. If you have not received a confirmation one week after payment of your hotel deposit, please contact the housing agency by email at keremunal@figur.net or by phone +90 212 381 46 43

Changes, cancellation and no-shows

Any changes or cancellations of hotel reservations must be communicated to Figür Congress Services in writing, either by keremunal@figur.net or by fax at +90 212 258 60 78. They will be subject to the following conditions:

- Name changes in hotel reservations notified in writing before 28 February 2011 can be made free of charge. Any name changes on or after 28 February 2011 will be subject to an administrative fee of Euro 35. However, changes to the invoice or any other changes cannot be made
- For cancellations after 15 November 2010 until 15 January 2011, the one-night deposit is non-refundable
- For cancellations received after 15 January 2011 or no shows, the full stay will be charged

N.B. All refunds will be made after the congress.

Social programme

The ECO2011 Organising Committee has developed an exciting social programme which incorporates Istanbul's traditional and modern cultures. The ECO2011 Social programme offers an excellent opportunity to network with old and new friends and to experience Istanbul at its vibrant best. We urge you to book tickets at the earliest possible opportunity to avoid disappointment.

N.B. Information correct at time of printing. Please see the ECO2011 website, www.easo.org/eco2011, for up-to-date information.

Welcome ceremony and reception*

Date: Wednesday 25 May 2011

Time: 18.15 – 21.30 hours

Location: Anadolu Auditorium, Istanbul Convention & Exhibition Centre

Price: Included in the registration fee

The welcome ceremony will feature live entertainment performed by the spectacular Shaman Grup - a Turkish dancing group famous for their glamorous expression of folkloric themes of Anatolia with contemporary polyphonic music, ballet and dancing, the Fire of Anatolia. The following performances will be presented:

- 'Sema', element from the dance of whirling dervishes
- 'Horon', element from the famous dance of the Black Sea
- 'Davul', element of the fascinating expression of drum beat in Anatolian life

Following the welcome ceremony, guests are invited to the welcome reception held in the exhibition hall where they can meet and interact with colleagues in an enjoyable environment. The welcome reception will feature an international menu with a Turkish flair and Turkish wines.

N.B. Access to the welcome ceremony and reception is included in the registration fee. Please reserve your place as part of the registration process.

Poster Networking Reception

Date: Thursday 26 May 2011

Time: 1900 - 2030 hrs

Location: Exhibition Hall, Istanbul Convention & Exhibition Centre

Price: Included in the registration fee

The ECO2011 Organising Committee will organise a 'Posters Networking Reception' on Thursday 26 May. This event will give abstract authors and delegates an opportunity to collaborate in an informal setting. The reception will be held in the exhibition and is thus also an opportunity for delegates to collaborate with ECO2011 exhibitors and sponsors.

Delegate Gala Dinner

Date: Friday 27 May 2011

Time: 2000 – 2400 hrs

Location: TBC (please see www.easo.org/eco2011 for up-to-date information)

Price: €70.00 (TBC)

The ECO2011 Organising Committee is pleased to invite you to the ECO2011 Gala Dinner. Held at one of Istanbul's most spectacular venues, the Gala Dinner will feature wonderful Turkish hospitality – traditional menus, beverages and entertainment. Tickets are limited and we urge you to book at the earliest possibility to avoid disappointment.

N.B. We urge you to book early, via the ECO2011 registration system, to avoid disappointment.

Please visit www.easo.org/eco2011 for updated information.

General Information

Accreditation

EASO and the ECO2011 Organisers will apply to the European Accreditation Council for Continuing Medical Education (EACCME) for CME accreditation. As the scientific programme follows the structure of previous ECOs, it is likely that the 18th European Congress on Obesity will be designated for approximately 15 hours of European external CME credits. Please see the ECO2011 website for regular updates.

Accommodation

The official local accommodation partner agency in Istanbul is Figür Congress Organization. A large number of rooms have been pre-booked at congress hotels at special rates. Most congress hotels are within walking distance of the congress venue.

The number of pre-booked rooms is limited so hurry as "first come - first served" rules apply.

For further information please visit the Accommodation Page of www.easo.org/eco2011.

Currency

The currency in Turkey is the Turkish Lira. All Congress fees are charged in Euros.

Electricity

The electricity supply in Turkey is 220V (European Plug).

Invitation Letter

Individuals requiring an official letter of invitation in order to obtain a Visa and authorisation to attend the Congress should contact the ECO2011 Secretariat by e-mail no later than 6 weeks prior to the Congress. Invitation letters will only be issued once registration payment has been received in full.

Insurance

We recommend that you take out insurance to cover medical and travel expenses. The Congress fee does not include insurance.

Language

The official language of the Congress is English – no interpretation facilities will be provided.

Name Badges

All registered delegates must clearly wear the ECO2011 identification badge. Entrance to the meeting halls and exhibition areas will not be permitted without it. Replacement badges will be charged at €25 per badge.

We recommend that you do not wear your delegate badge outside the congress venue.

Passport and Visa Information

All ECO2011 congress participants are responsible for obtaining the necessary travel documents to enter Turkey. A valid passport is required for entry - please ensure that your passport is valid for at least six months after your exit date. Residents from most countries require an entry visa – these can be purchased on arrival at Istanbul airport.

Participants are encouraged to contact the Turkish Embassy closest to them for up-to-date travel guidelines.

Poster Sessions

Poster sessions will take place in the Poster Area of the Exhibition Hall. They should be mounted on the assigned board in the Poster display area. The authors should be present in the poster area during the allocated Poster Session.

Pre and Post Congress Specialist Meetings

Please visit www.easo.org/eco2011 for updated information on specialist pre and post congress meetings.

Smoking Policy

Smoking is not permitted inside the congress venue.

Tax

Value Added Tax (VAT) in Turkey is 18%.

Time Zone

Turkey is located in Central European Summer Time zone (GMT+2).

Venue

Istanbul Convention & Exhibition Centre (ICEC)

Harbiye 34267
Istanbul
Turkey

phone: +90 212 373 11 00

fax: +90 212 224 08 78

For further information, please visit website: www.icec.org

Obesity Facts

The European Journal of Obesity

Editor-in-Chief

Johannes Hebebrand, Essen

Official Organ of

EASO

European Association
for the Study of Obesity



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European Chapter



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Aims and Scope

Obesity Facts publishes articles covering all aspects of obesity, in particular epidemiology, etiology and pathogenesis, treatment, and the prevention of adiposity. As obesity is related to many disease processes, the journal is also dedicated to all topics pertaining to comorbidity and covers psychological and sociocultural aspects as well as influences of nutrition and exercise on body weight. The editors carefully select papers to present only the most recent findings in clinical practice and research. All professionals concerned with obesity issues will find this journal a most valuable update to keep them abreast of the latest scientific developments.

Special sections comprising a variety of subspecialties reinforce the journal's value as an exhaustive record of recent progress for all internists, gastroenterologists, endocrinologists, pediatricians, dietitians, nutritionists, bariatric surgeons, psychologists and psychiatrists, occupational health practitioners, sports medicine specialists, ecotrophologists, sociologists, and biologists as well as prevention and public health researchers. In addition, *Obesity Facts* serves as an ideal information tool for the members of the pharmaceutical and food industry as well as those active in nutritional research and medicine.

Selected contributions

Polygenic Obesity in Humans: **Hinney, A.; Hebebrand, J.** (Essen)

Economic Costs of Abdominal Obesity: **Højgaard, B.; Olsen, K.R.; Søgaard, J.; Sørensen, T.I.A.; Gyrd-Hansen, D.** (Copenhagen)

Management of Obesity in Adults: European Clinical Practice Guidelines: **Tsigos, G.** (Athens); **Hainer, V.** (Prague); **Basdevant, A.** (Paris); **Finer, N.** (Cambridge); **Fried, M.** (Prague); **Mathus-Vliegen, E.** (Amsterdam); **Micic, D.** (Belgrade); **Maislos, M.** (Beer Sheva); **Roman, G.** (Cluj-Napoca); **Schutz, Y.** (Lausanne); **Toplak, H.** (Graz); **Zahorska-Markiewicz, B.**; **for the Obesity Management Task Force of the European Association for the Study of Obesity**

Measurement of Waist Circumference at Four Different Sites in Children, Adolescents and Young Adults: Concordance and Correlation with Nutritional Status as well as Cardiometabolic Risk Factors: **Hitze, B.; Bosy-Westphal, A.; Bielfeldt, F.; Settler, U.; Mönig, H.; Müller, M.J.** (Kiel)

High-Fat, Carbohydrate-Free Diet Markedly Aggravates Obesity but Prevents β -Cell Loss and Diabetes in the Obese, Diabetes-Susceptible db/db Strain: **Mirhashemi, F.; Kluth, O.; Scherneck, S.; Vogel, H.; Kluge, R.; Schürmann, A.; Joost, H.-G.; Nesch, S.** (Nuthetal)

Lifestyle Factors Associated with BMI in a Spanish Graduate Population: The SUN Study: **Alcácer, M.A.; Marques-Lopes, I.; Fajo-Pascual, M.; Puzo, J.; Pérez, J.B.** (Huesca); **Bes-Rastrollo, M.** (Pamplona, Boston, MS); **Martínez-González, M.A.** (Pamplona)

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18th European Congress on Obesity

C/O EASO Secretariat

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