

DIABETES UPDATE VI

A two-day educational meeting for
physicians and allied healthcare
professionals with an interest in diabetes

CPD APPLIED FOR



Monday 11th - Tuesday 12th April
2011

Holiday Inn Hotel
Stratford-upon-Avon, UK

Invitation and Programme

INVITATION

Dear Colleague

We are pleased to invite you to attend **Diabetes Update VI**, which will be held at the Holiday Inn, Stratford-upon-Avon from **Monday 11th - Tuesday 12th April 2011**.

The meeting is primarily designed for full time practising UK hospital physicians. However, places may be allocated to other health professionals, depending on availability. The fifth Diabetes Update meeting was held in 2010 in Stratford-upon-Avon. Due to the popular demand of this meeting and the exciting advances in this field we have been encouraged to organise what we are sure will be a successful sixth conference.

We enclose the new programme for this year's meeting which focuses on type II diabetes. The format links epidemiology and pathophysiology with risk and treatment whilst keeping a highly practical focus throughout.

We look forward to your active involvement in the meeting, which has been designed to ensure ample opportunity for interactive discussion. In particular, we invite you to bring along your difficult cases for discussion with members of the faculty and the audience.

We wish to thank our sponsors for their support and we look forward to welcoming you to Stratford-upon-Avon this April.

Scientific Coordinators

Professor John Betteridge

Professor Neil Poulter

Professor Peter Sever

Professor Simon Thom

Conference Secretariat

Hampton Medical Conferences Limited., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ
Tel: 020 8979 8300 Fax: 020 8979 6700 Email: hmc@hamptonmedical.com Website: www.hamptonmedical.com

Major Sponsors



MSD



Sponsors



Bristol-Myers Squibb



This independent meeting has been financially supported by educational grants from MSD, Novo Nordisk, the Alliance of Bristol-Myers Squibb and AstraZeneca, and Takeda Ltd.

PROGRAMME - Monday 11th April 2011

10.00 onwards		Registration	
Session 1		TYPE II DIABETES: THE BASICS	Chair: N.R. Poulter
11.00 - 11.05	1.1	Epidemiology of type II diabetes - setting the scene Professor Neil Poulter <i>Professor of Preventive Cardiovascular Medicine, Imperial College London and Honorary Consultant Physician and Epidemiologist, Imperial College NHS Health Care Trust, London</i>	
11.05 - 11.25	1.2	Obesity and diabetes - the pathophysiological links Professor Nick Finer <i>Honorary Professor, Consultant Endocrinologist and Bariatric Physician, University College Hospitals, London</i>	
11.25 - 11.35		Discussion	
11.35 - 11.55	1.3	Genetics of diabetes; nature or nurture Professor Graham Hitman <i>Professor of Molecular Medicine and Diabetes, Barts and the London School of Medicine and Dentistry</i>	
11.55 - 12.05		Discussion	
12.05 - 12.25	1.4	Diet and lifestyle Professor Simon Thom <i>Professor of Cardiovascular Medicine and Pharmacology, Imperial College NHS Health Care Trust, London</i>	
12.25 - 12.35		Discussion	
12.35 - 12.55	1.5	Metabolic syndrome - definitions and relevance Professor Sir George Alberti <i>Senior Research Investigator, Imperial College NHS Health Care Trust, London</i>	
12.55 - 13.05		Discussion	
13.05 - 14.00		Lunch, Restaurant	
Session 2		THE ROLE OF THE KIDNEY IN GLUCOSE HOMEOSTASIS	Chair: S.A. Thom
		<i>(Supported by the Alliance of Bristol-Myers Squibb and AstraZeneca)</i>	
14.00 - 14.20		Speaker tbc	
14.20 - 14.30		Discussion	
Session 3		MANAGING CARDIOVASCULAR RISK I	Chair: D.J. Betteridge
14.30 - 14.50	3.1	Hypertension Professor Peter Sever <i>Professor of Clinical Pharmacology and Therapeutics, Imperial College London and Honorary Consultant Physician, Imperial College NHS Health Care Trust, London</i>	
14.50 - 15.00		Discussion	
15.00 - 15.20	3.2	Management of glycaemia - guidelines Dr John Reckless <i>Consultant Endocrinologist, Royal United Hospital, Bath and Honorary Reader in Medicine, University of Bath</i>	
15.20 - 15.30		Discussion	
15.30 - 16.00		Tea	

PROGRAMME - Monday 11th April 2011 - cont

Session 4	TREATING DIABETES RISK VS. BENEFIT (MSD Workshop)	Chair: S.A. Thom
16.00 - 16.40	4.1 Diabetes: have the risks diminished? Professor Anthony Barnett <i>Consultant Physician and Clinical Director of Diabetes and Endocrinology, University of Birmingham and Heart of England NHS Foundation Trust, Birmingham</i>	
16.40 - 17.20	4.2 Intensive glycaemic control and hypoglycaemia Professor Cliff Bailey <i>Professor of Clinical Medicine and Head of Diabetes Research, Aston University, Birmingham</i>	
17.20 - 17.30	Discussion	
Session 5	COMPLICATIONS I	Chair: P.S. Sever
17.30 - 17.45	5.1 Pregnancy Dr Stephen Robinson <i>Consultant Physician, Imperial College NHS Health Care Trust, London</i>	
17.45 - 17.50	Discussion	
17.50 - 18.05	5.2 Retinopathy Professor Paul Dodson <i>Consultant Physician, Heart of England Foundation Trust, Birmingham</i>	
18.05 - 18.10	Discussion	
19.30	Reception, Exhibition Area	
20.00	Conference Dinner, Ballroom	

PROGRAMME - Tuesday 12th April 2011

Session 6	MANAGING CARDIOVASCULAR RISK II	Chair: P.S. Sever
08.30 - 08.50	6.1 Glucose and cardiovascular disease Professor Neil Poulter <i>Professor of Preventive Cardiovascular Medicine, Imperial College London and Honorary Consultant Physician and Epidemiologist, Imperial College NHS Health Care Trust, London</i>	
08.50 - 09.00	Discussion	
09.00 - 09.20	6.2 Diabetic dyslipidaemia Professor John Betteridge <i>Professor of Endocrinology and Metabolism, University College London and Consultant Physician, University College Hospitals, London</i>	
09.20 - 09.30	Discussion	

PROGRAMME - Tuesday 12th April 2011 - cont

- Session 7** **PIOGLITAZONE: GETTING TO THE HEART OF THE MATTER** Chair: N.R. Poulter
(Supported by Takeda)
- 09.30 - 09.50 7.1 **Dr Stephen Wheatcroft**
Senior Lecturer and Consultant Cardiologist, Leeds General Infirmary
- 09.50 - 10.00 Discussion
- 10.00 - 10.30 *Coffee*
- Session 8** **GLP 1 RECEPTOR AGONISTS** Chair: S.A. Thom
(Novo Nordisk Ltd. Workshop)
- 10.30 - 11.10 8.1 A gut feeling: maximising the potential of GLP 1
Dr Marc Evans
Consultant Physician in General Medicine and Diabetes, University Hospital Llandough, Penarth
- 11.10 - 11.25 8.2 A patient's perspective
- 11.25 - 12.00 Discussion
- Session 9** **BARIATRIC SURGERY** Chair: D.J. Betteridge
- 12.00 - 12.20 9.1 **Dr Alexander Miras**
MRC Clinical Research Fellow, Imperial College London
- 12.20 - 12.30 Discussion
- 12.30 - 13.30 *Lunch, Restaurant*
- Session 10** **COMPLICATIONS II** Chair: P.S. Sever
- 13.30 - 13.45 10.1 Erectile dysfunction
Professor Andrew Boulton
Professor of Medicine, University of Manchester and Consultant Physician, Manchester Royal Infirmary
- 13.45 - 13.50 Discussion
- 13.50 - 14.05 10.2 Peripheral vascular disease
Mr Toby Richards
Senior Lecturer, Cardiovascular Medicine, University College London
- 14.05 - 14.10 Discussion
- 14.10 - 14.25 10.3 Painful neuropathy
Professor Andrew Boulton
Professor of Medicine, University of Manchester and Consultant Physician, Manchester Royal Infirmary
- 14.25 - 14.30 Discussion
- Session 11** **CASE DISCUSSIONS** Chair: D.J. Betteridge
- 14.30 - 15.30 Cases from the faculty and floor
- 15.30 Close of meeting

Please visit www.hamptonmedical.com (click on Future Events) to download an updated copy of this Invitation, which will include programme and speaker updates as soon as these are available. The Programme is correct at the time of printing, and the Secretariat accepts no liability for any changes made at a later date.

CONFERENCE INFORMATION

DATES & VENUE

The meeting will commence with registration at 10.00 hrs on Monday 11th April and conclude at 15.30 hrs on Tuesday 12th April. All lectures, accommodation and meals will take place in the Holiday Inn, Stratford-upon-Avon, Warwickshire. This four-star hotel is within easy walking distance of the historic town centre.

ACCOMMODATION & MEALS

Dinner and accommodation (in single occupancy, en-suite rooms) are provided for delegates on the night of Monday 11th April. Whilst the cost of all set conference meals and refreshments (see programme) is included in the registration fee, any room extras, e.g. bar bills, telephone calls, must be settled by delegates themselves, direct to the hotel, prior to departure.

TRAVEL

Stratford-upon-Avon is conveniently situated in the heart of the country, with excellent rail and motorway links. Free parking is available at the hotel for residents. All travel costs are the responsibility of the delegate.

CPD ACCREDITATION

Accreditation has been applied for.

REGISTRATION & PAYMENT

Delegates will be required to pay a **registration fee of £132.00** which includes conference materials, all set conference meals/refreshments and one nights' accommodation. It is anticipated that applications for this meeting will exceed available places and it has been decided to prioritise the applications of doctors who are practising medicine full-time in order to bring the benefits of this meeting to clinical practice.

Delegates can register **ON-LINE** for the conference, using a secure credit/debit card payment site. Please go to the conference website: www.hamptonmedical.com and click on the future events section. Please note that credit card payments incur an additional charge of 2.95% (for hard copy Registration Forms the charge does not apply to debit card payments). Unfortunately we are unable to accept on-line payment using American Express.

Alternatively a hard copy of the Registration Form can be found at the end of this announcement. All registration forms must be accompanied by the appropriate payment. Payment can be made by cheque (payable to Hampton Medical Conferences Ltd.) credit card (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta/Debit). We are unable to take payment over the telephone as we require written authorisation. Places at the meeting cannot be reserved in the absence of a registration form and payment.

CONFIRMATION

Upon receipt of registration forms, delegates will be sent written confirmation of their place and accommodation, together with a receipt for payment. We strongly recommend you do not book travel until a place is confirmed in writing. Further conference information including maps will be available on the Secretariat's website (www.hamptonmedical.com) two weeks prior to the conference.

CANCELLATIONS & REFUNDS

It would be appreciated if delegates, who are no longer able to attend the meeting, could advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £15.00 administration fee, for written cancellations received prior to Monday 14th March 2011. Refunds will not be made for cancellations received after this date, but named substitutions will be allowed at any time. Please note that any refunds due will be paid after the conference has taken place.

WEBSITE

Please visit the future events section on the Hampton Medical website (www.hamptonmedical.com) to view the updated programme as further speakers are confirmed.

LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Conference Secretariat are not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings

In the event that the conference is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this conference, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

REGISTRATION FORM - DIABETES UPDATE VI

Holiday Inn, Stratford-upon-Avon - Monday 11th - Tuesday 12th April 2011

Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: First Names:

Prof/Dr/Mrs/Miss etc: Male Female

Speciality: Grade:

Are you practising: full time or part time / research / retired (please delete as appropriate)

Work Address:

Post Code: E-mail*:

Business Tel. No: Fax No:

**NB It is important that you provide an email address so that notification can be sent to you when final details of the conference are available on the website*

Requirements	Please tick (✓) relevant boxes	Monday 11 th April	Tuesday 12 th April
I will be attending the meeting on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
I will require dinner on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	N/A
I will require accommodation on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	N/A
Dietary Requirements:			
<input type="checkbox"/> Vegetarian <input type="checkbox"/> Other (Please state foods that you are unable to eat) _____			
N.B. Conference meals will not contain pork, beef or shellfish			

Access Needs	<input type="checkbox"/> (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc)- _____
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Registration Fee: £ 132.00

Includes access to all scientific sessions, conference materials, accommodation and dinner as above, lunch and tea/coffee.

Payment Details	Please tick (✓) relevant box <i>All payments to be in GB Pounds Sterling</i> <i>Registrations will NOT be accepted without payment</i>
<input type="checkbox"/> By Cheque/ Bank Draft	Payable to 'Hampton Medical Conferences Ltd' and drawn on a UK bank.
<input type="checkbox"/> Please deduct the total sum due from:	Credit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express Debit Card: <input type="checkbox"/> Maestro <input type="checkbox"/> Visa Delta/Debit Card No: _____ Expiry Date: _____ Cardholder's Signature: _____ Security Code: (last 3 digits of code on back of card): _____ <i>Please note credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%)</i> Name and address (including postcode) of the cardholder: _____ _____ Maestro only: valid from date: _____ or issue no: _____

By returning your completed form you are agreeing to the terms & conditions of the conference, including cancellation policies for registration fees. You are also agreeing to your name and town being included on the list of participants that will be circulated at the meeting and your email address being used by the Secretariat.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

Please return to: Diabetes Update VI (Conference Registration), Hampton Medical Conferences Ltd.,
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For credit/debit card payments only by fax: 020 8979 6700