

# Lipid Update X



*SHARP Study  
results  
to be  
presented*

A two-day educational meeting for secondary care physicians and other healthcare professionals with an interest in lipid disorders and their management

CPD accredited - 10 hours

*Travel  
grant  
provided*

## *Invitation and Programme*

**Monday 29th -  
Tuesday 30th November  
2010**

*Day  
registration  
now  
available*

**Holiday Inn Hotel  
Stratford-upon-Avon**

# INVITATION

Dear Colleague

We are pleased to announce Lipid Update X, which will be held at the Holiday Inn, Stratford-upon-Avon from Monday 29<sup>th</sup> - Tuesday 30<sup>th</sup> November 2010.

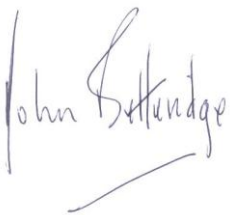
The meeting is primarily designed for full-time practising UK hospital physicians. However, places may be allocated to other healthcare professionals, depending on availability.

The Lipid Update series started in 1993, and feedback from delegates attending these meetings has been extremely positive, encouraging us to organise what we are sure will be another successful sequel.

We enclose the new programme for this year's meeting, which includes a comprehensive review of lipid disorders and their management, as well as a 'Hot Topics' session covering current and emerging issues. We should also like to encourage you to submit your own difficult cases for discussion with the faculty and audience in the closing session on Tuesday.

This event has been approved for External Credit for the CPD Scheme of the Federation of Royal Colleges of Physicians of the UK (ID Code 58890, 10 hours).

We wish to thank our sponsors for their support and we look forward to welcoming you to Stratford-upon-Avon this November.



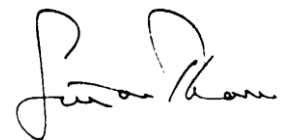
Professor John Betteridge



Professor Neil Poulter



Professor Peter Sever



Professor Simon Thom

## Scientific Coordinators

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### Conference Secretariat

Hampton Medical Conferences Limited

113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ

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### Major Sponsors



This independent meeting has been financially supported by educational grants from Merck Sharp & Dohme Ltd and Pfizer Ltd.

# PROGRAMME - Monday 29<sup>th</sup> November 2010

10.00 onwards		Registration and Coffee	
<b>Session 1</b>		<b>Lipids and Vascular Disease</b>	Chair: D.J. Betteridge, London
11.00 - 11.05		Chairman's Welcome	
11.05 - 11.25	1.1	Atherosclerosis related disease: size of the problem <b>Professor Neil Poulter</b> <i>Professor of Preventive Cardiovascular Medicine, Imperial College London and Honorary Consultant Physician and Epidemiologist, St. Mary's Hospital London</i>	
11.25 - 11.35		Discussion	
11.35 - 11.55	1.2	Introduction to lipids and lipoproteins: what you need to know <b>Dr Paul Miller</b> <i>Formerly Consultant Gastroenterologist and Lipidologist, University Hospital of South Manchester</i>	
11.55 - 12.05		Discussion	
12.05 - 12.25	1.3	Biology of atherosclerosis <b>Professor Julian Halcox</b> <i>Professor of Cardiology, Cardiff University and Consultant Cardiologist, University Hospital of Wales, Cardiff</i>	
12.25 - 12.35		Discussion	
12.35 - 13.45		Lunch	
<b>Session 2</b>		<b>Lipid Disorders</b>	Chair: S.A. Thom, London
13.45 - 14.05	2.1	Primary hyperlipidaemias <b>Dr Paul Miller</b> <i>Formerly Consultant Gastroenterologist and Lipidologist, University Hospital of South Manchester</i>	
14.05 - 14.15		Discussion	
14.15 - 14.35	2.2	Familial hypercholesterolaemia <b>Dr Mary Seed</b> <i>Consulting Physician at the Lipid Clinic, Charing Cross Hospital, London</i>	
14.35 - 14.45		Discussion	
14.45 - 15.05	2.3	Lipid management - what does NICE say? <b>Dr John Reckless</b> <i>Consultant Endocrinologist, Royal United Hospital, Bath and Honorary Reader in Medicine, University of Bath</i>	
15.05 - 15.15		Discussion	
15.15 - 15.45		Tea	
<b>Session 3</b>		<b>Lipid Management in Practice</b>	
		(Session sponsored by Merck Sharp & Dohme Limited)	Chair: P.S. Sever, London
15.45 - 16.05	3.1	Lipid management in the UK - what's the state of play? <b>Professor Neil Poulter</b> <i>Professor of Preventive Cardiovascular Medicine, Imperial College London and Honorary Consultant Physician and Epidemiologist, St. Mary's Hospital London</i>	

16.05 - 16.15		Discussion
16.15 - 16.35	3.2	What/where next after statins? <b>Professor John Betteridge</b> <i>Professor of Endocrinology and Metabolism, University College London and Consultant Physician, University College Hospitals, London</i>
16.35 - 16.45		Discussion
16.45 - 17.05	3.3	Adopting a practical and patient-centred approach to managing patients with dyslipidaemia in the clinic/GP surgery <b>Dr Jonathan Morrell</b> <i>General Practitioner, Hastings Primary Care Trust</i>
17.05 - 17.15		Discussion
19.30		Reception
20.00		Conference Dinner

## PROGRAMME - Tuesday 30<sup>th</sup> November 2010

<b>Session 4</b>		<b>Predicting Vascular Risk</b>	Chair: N.R. Poulter, London
08.30 - 08.45	4.1	Risk prediction <b>Dr Jonathan Morrell</b> <i>General Practitioner, Hastings Primary Care Trust</i>	
08.45 - 08.50		Discussion	
08.50 - 09.05	4.2	Do new CVD biomarkers help in risk detection? <b>Professor Kausik Ray</b> <i>Professor of Cardiovascular Disease Prevention, St. George's University of London</i>	
09.05 - 09.10		Discussion	
09.10 - 09.25	4.3	Imaging and measuring atherosclerosis for risk prediction <b>Professor Simon Thom</b> <i>Professor of Cardiovascular Medicine and Pharmacology, Imperial College London and Honorary Consultant Physician, St. Mary's Hospital London</i>	
09.25 - 09.30		Discussion	
<b>Session 5</b>		<b>Lipid Management in High Risk Patients</b>	Chair: S.A. Thom, London
		(Session sponsored by Pfizer Limited)	
09.30 - 09.50	5.1	Hypertension and stroke <b>Professor Peter Sever</b> <i>Professor of Clinical Pharmacology and Therapeutics, Imperial College London and Honorary Consultant Physician, St. Mary's Hospital London</i>	
09.50 - 10.00		Discussion	
10.00 - 10.20	5.2	Diabetes <b>Professor John Betteridge</b> <i>Professor of Endocrinology and Metabolism, University College London and Consultant Physician, University College Hospitals, London</i>	
10.20 - 10.30		Discussion	
10.30 - 10.50	5.3	Acute coronary syndrome <b>Professor Kausik Ray</b> <i>Professor of Cardiovascular Disease Prevention, St. George's University of London</i>	

10.50 - 11.00 Discussion

11.00 - 11.30 *Coffee*

**Session 6** **Broader Perspectives** Chair: P.S. Sever, London

11.30 - 11.50 6.1 Nonalcoholic steatohepatitis (NASH)  
**Professor Naveed Sattar**  
*Professor of Metabolic Medicine, University of Glasgow and  
Honorary Consultant in Clinical Biochemistry, Glasgow Royal Infirmary*

11.50 - 12.00 Discussion

12.00 - 12.20 6.2 New drug update  
**Dr Alan Rees**  
*Consultant Physician and Diabetologist, University Hospital of Wales, Cardiff*

12.20 - 12.30 Discussion

12.30 - 12.50 6.3 Lipids and the kidney  
**Professor Colin Baigent**  
*MRC Scientist and Honorary Consultant in Public Health, Clinical Trial Service  
Unit, Oxford University*

12.50 - 13.00 Discussion

13.00 - 13.45 *Lunch*

**Session 7** **Hot Topics** Chair: N.R. Poulter, London

13.45 - 13.55 7.1 HIV  
**Dr Rob Cramb**  
*Consultant Chemical Pathologist, University Hospitals Birmingham NHS  
Foundation Trust*

13.55 - 14.00 Discussion

14.00 - 14.10 7.2 Ethnicity  
**Professor Naveed Sattar**  
*Professor of Metabolic Medicine, University of Glasgow and  
Honorary Consultant in Clinical Biochemistry, Glasgow Royal Infirmary*

14.10 - 14.15 Discussion

14.15 - 14.25 7.3 LDL apheresis  
**Dr Alan Rees**  
*Consultant Physician and Diabetologist, University Hospital of Wales, Cardiff*

14.25 - 14.30 Discussion

**Session 8** **Case Presentations** Chair: D.J. Betteridge, London  
and R. Cramb, Birmingham

14.30 - 15.30 8.1 Case presentations from the faculty and the audience  
  
*Please bring along your interesting or difficult cases and  
present your problems to the panel and audience for  
discussion*

15.30 *Close of Meeting*

# CONFERENCE INFORMATION

## DATES & VENUE

The meeting will commence with registration at 10.00 hrs on Monday 29<sup>th</sup> November and conclude at 15.30 hrs on Tuesday 30<sup>th</sup> November. All lectures, accommodation and meals will take place in the Holiday Inn, Stratford-upon-Avon, Warwickshire.

## ACCOMMODATION & MEALS

Dinner and accommodation (in single occupancy, en-suite rooms) are provided for delegates on the night of Monday 29<sup>th</sup> November. Whilst the cost of all set conference meals and refreshments (see programme) is included in the two-day registration fee, any room extras, e.g. bar bills, telephone calls, must be settled by delegates themselves, direct to the hotel, prior to departure.

## TRAVEL

Stratford-upon-Avon is conveniently situated in the heart of the country, with excellent rail and motorway links. The hotel is within easy walking distance of the historic town centre and free parking is available at the hotel for residents. A grant will be provided *towards* delegates' travel expenses, which will be available at the conference.

## CPD ACCREDITATION

This event has been approved for External Credit for the CPD Scheme of the Federation of Royal Colleges of Physicians of the UK (ID Code 58890, 10 hours). Delegates wishing to claim CPD accreditation will be required to sign the CPD Register, and certificates of attendance will be available at the end of the conference.

## REGISTRATION & PAYMENT

Full meeting (two-day) registration:     **£145.00** to include one night's accommodation on Monday 29<sup>th</sup> November, all set conference meals/refreshments and travel grant

One day registration:                         **£ 80.00** to include lunch/refreshments and travel grant

Priority will be given to healthcare professionals who are practising medicine full-time in order to bring the benefits of this meeting to clinical practice.

In order to register to attend the meeting please fully complete the registration form (facing page) and return to the Secretariat together with the requisite payment.

Payment can be made by cheque (payable to Hampton Medical Conferences Ltd.) credit card (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta/Debit). Please note that credit card payments incur an additional charge on MasterCard/Visa/Amex of 2.95% and we are unable to take payment over the telephone as we require written authorisation. Places at the meeting cannot be reserved in the absence of a registration form and payment.

You can also register on-line at [www.hamptonmedical.com](http://www.hamptonmedical.com), although we are unable to accept payment by American Express on-line. All on-line card payments (both credit and debit cards) are subject to an additional charge of 2.95%.

## CONFIRMATION

Upon receipt of registration forms, delegates will be sent written confirmation of their place and accommodation, together with a receipt for payment. We strongly recommend you do not book travel until a place is confirmed in writing. Further conference information including maps will be available on the Secretariat's website ([www.hamptonmedical.com](http://www.hamptonmedical.com)) two weeks prior to the conference.

## CANCELLATIONS & REFUNDS

It would be appreciated if delegates who are no longer able to attend the meeting, could advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £30.00 administration fee, for written cancellations received prior to Friday 29<sup>th</sup> October. Refunds will not be made for cancellations received after this date, but named substitutions will be allowed at any time. Please note that any refunds due will be paid after the conference has taken place.

## LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Conference Secretariat are not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings. In the event that the conference is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this conference, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

## REGISTRATION FORM - LIPID UPDATE X

Holiday Inn, Stratford-upon-Avon - Monday 29<sup>th</sup> November - Tuesday 30<sup>th</sup> November 2010

Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: ..... First Names: .....

Prof/Dr/Mrs/Miss etc: .....  Male  Female

Speciality: ..... Grade: .....

Are you practising: full time or part time / research / retired (please delete as appropriate)

Work Address: .....

Post Code: ..... E-mail\*: .....

Business Tel. No: ..... Fax No: .....

*\*NB It is important that you provide an email address so that notification can be sent to you when final details of the conference are available on the website*

Requirements	<i>Please tick (✓) relevant boxes</i>	Monday 29 <sup>th</sup> November	Tuesday 30 <sup>th</sup> November
I will be attending the meeting on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
I will require dinner on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	N/A
I will require accommodation on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	N/A
Dietary Requirements: (set conference meals will <u>not</u> contain pork, beef or shellfish):			
<input type="checkbox"/> Vegetarian <input type="checkbox"/> Other (please state foods that you are unable to eat): .....			
<input type="checkbox"/> Access needs (please specify, e.g. wheelchair user, mobility difficulties, hearing impaired etc) .....			

- Full meeting (two-day) registration: **£145.00** to include one night's accommodation on Monday 29<sup>th</sup> November, all set conference meals/refreshments
- Day registration **£ 80.00** to include lunch. Please tick which day:  Monday 29<sup>th</sup>  Tuesday 30<sup>th</sup>

Payment Details	<i>Please tick (✓) relevant box</i>	<i>All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> By Cheque/ Bank Draft	Payable to 'Hampton Medical Conferences Ltd' and drawn on a UK bank.	
<input type="checkbox"/> Please deduct the total sum due from:	<p><b>Credit Card:</b> <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express</p> <p><b>Debit Card:</b> <input type="checkbox"/> Maestro <input type="checkbox"/> Visa Delta/Debit</p> <p>Card No: _____</p> <p>Expiry Date: _____ Cardholder's Signature: _____</p> <p>Security Code: (last 3 digits of code on back of card): _____</p> <p><i>Please note credit card payments are subject to an additional charge (MasterCard, Visa &amp; Amex: 2.95%)</i></p> <p>Name and address (including postcode) of the cardholder: _____ _____</p> <p>valid from date: _____ or issue no: _____</p>	
<b>Maestro only:</b>		

By returning your completed form you are agreeing to the terms & conditions of the conference, including cancellation policies for registration fees. You are also agreeing to your name and town being included on the list of participants that will be circulated at the meeting and your email address being used by the secretariat.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

**Please return to:** Lipid Update (Registration)  
Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ

**Alternatively for credit/debit card payments only by fax on 020 8979 6700**