

EATING DISORDERS INTERNATIONAL CONFERENCE 2010



Thursday 11th – Saturday 13th March 2010
Kensington Conference and Events Centre, London, UK

Organised by **beat** in association with Wiley-Blackwell

For more information, please visit www.EDIC2010.ukevents.org



**Main Announcement
and
Call For Abstracts**

WELCOME INVITATION

We are pleased to invite you to attend the **Eating Disorders International Conference 2010** (EDIC 2010) which will be held in Kensington, London, from Thursday 11th - Saturday 13th March 2010.

This inaugural conference is being organised by **beat**, the leading UK charity for people with eating disorders and their families (www.b-eat.co.uk, Registered Charity No. 801343), in association with **Wiley-Blackwell** - publishers of the **European Eating Disorders Review**.

The scientific programme will include a wide variety of topics of relevance to psychiatrists, general practitioners, psychologists, clinicians and allied health professionals such as nurses, counsellors, dietitians, occupational therapists, as well as researchers and other healthcare professionals working in the field of eating disorders. The conference will therefore offer an outstanding opportunity for delegates to exchange knowledge, share clinical experiences and discuss the advances in treatment and support.

The organisers are also planning to hold **beat's** first **National Family Network Day** on Saturday 13th March, which will be part of the main conference, providing carers with a valuable opportunity to interact with healthcare professionals working in the field.

The Scientific Committee now invites authors to submit abstracts for the conference programme. Abstracts can be submitted online by visiting www.EDIC2010.ukevents.org. The abstract submission deadline is **Friday 2nd October 2009**.

We very much hope you will be able to join us at this meeting.



Professor Bob Palmer
Chairman, Scientific Programme Committee



Professor Janet Treasure
Chief Medical Advisor, **beat**



Secretariat EDIC 2010

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The Scientific Committee would like to thank the following Major Sponsor

Affinity Healthcare

The Cheadle Royal Hospital Group

SCIENTIFIC PROGRAMME COMMITTEE

Professor Bob Palmer (Chair)

Editor, European Eating Disorders Review,
Honorary Professor, Leicester University,
Consultant Psychiatrist at Leicestershire Partnership
NHS Trust Eating Disorder Service

Professor Janet Treasure

(Chief Medical Advisor, **beat**)
Professor of Academic Psychiatry,
Kings College, London

Committee Members

Dr Rachel Bryant-Waugh	Psychology Lead and Joint Head of Feeding and Eating Disorders Service, Great Ormond Street Hospital for Children NHS Trust, London Honorary Senior Lecturer, Institute of Child Health, London
Professor Simon Gowers	Professor of Adolescent Psychiatry, University of Liverpool
Dr Caroline Meyer	Reader in Psychology and Director of Loughborough University Centre for Research into Eating Disorders
Dr Ciaran Newell	Consultant Nurse, Kimmeridge Court, Dorset Healthcare NHS Trust
Ms Susan Ringwood	Chief Executive, beat
Dr Paul Robinson	Consultant Psychiatrist, The Russell Unit & St Ann's, London
Professor Ulrike Schmidt	Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust Professor of Eating Disorders at Institute of Psychiatry, London Chair of Royal College of Psychiatrists Eating Disorders Section
Ms Gill Todd	Clinical Lead Nurse, South London and Maudsley NHS Foundation Trust, London
Professor Glenn Waller	Consultant Clinical Psychologist, Vincent Square Clinic, Central North West London NHS Foundation Trust, London Visiting Professor, Institute of Psychiatry, London

CONFERENCE THEMES & KEYNOTE SPEAKERS

Conference themes

- ❖ Genetics
- ❖ Clinical implications from animal studies
- ❖ Severe and enduring eating disorders
- ❖ Recovery
- ❖ Psychological therapies

Keynote speakers

Dr. Cynthia Bulik	William R. and Jeanne H. Jordan Distinguished Professor of Eating Disorders, Department of Psychiatry, University of North Carolina, USA
Dr. Mike Slade	Reader in Health Services Research, Institute of Psychiatry, King's College London, UK and Consultant Clinical Psychologist, South London, UK

Accreditation

Continuing Professional Development accreditation for UK physicians will be sought from the Royal College of Physicians of London when the programme has been finalised. European accreditation will be sought from the EACCME (European Accreditation Council for Continuing Medical Education Institution of the EUMS) in order to allow participants to validate the credits obtained at this conference in their European country.

NATIONAL FAMILY NETWORK DAY

Carers will be invited to attend the first National Family Network Day on Saturday 13th March 2010, which will be part of the main conference sessions. This will provide a valuable opportunity for carers to obtain an update on the current research being undertaken and to interact with healthcare professionals working in the field.

PROGRAMME OVERVIEW

	Thursday 11 th March 2010	Friday 12 th March 2010	Saturday 13 th March 2010
08.00	Registration and Coffee	Registration and Coffee	Registration and Coffee (National Family Network Day Delegates)
08.30		Plenary Session Clinical lessons from animal models of anorexia nervosa	Welcome
09.00			Keynote Lecture Working in Support of Recovery Dr. Mike Slade
09.30			
09.45			
10.00			
10.15	Coffee		
10.30		Plenary Session Making space for other psychological therapies in the age of CBT	
10.45			
11.00			
11.15			
11.45	Parallel Session <i>Scientific papers</i>		Question Time Panel
12.30			
12.45		Lunch Exhibition and Poster Viewing	
13.00			
13.45			
14.00	Parallel Sessions <i>Clinical skills workshops</i>		
14.30			Networking Lunch Exhibition and Poster Viewing
15.15			
15.30			
15.45		Parallel Sessions <i>Workshops</i>	
16.00	<i>Close of conference</i>		
16.30			
17.15			
17.30			Free evening for delegates
19.30			

Please note that the Programme Overview is for guidance only and is subject to change.

CALL FOR ABSTRACTS

The Scientific Programme Committee welcomes abstract submissions for posters, scientific papers and 90-minute workshops for the conference. Authors will be advised in writing of the outcome of their abstract submission by mid November. Accepted abstracts may be selected for publication in **European Eating Disorders Review**.

Abstracts should be submitted **ON-LINE** at www.EDIC2010.ukevents.org
by Friday 2nd October 2009

How to submit an abstract

- Go to the abstract submission site then follow the instructions provided for 'First Time Users' to log your email address, to provide correspondence details and to create your own password.
- Once you have submitted your details, you will receive an automatic email confirming your password. You will receive guidance notes for the preparation of abstracts, and the official Microsoft Word abstract template. These can also be downloaded from the on-line system at any time.

Abstract content

Abstracts should refer to completed work or completed stages of work that can be fully reported, and not work to be undertaken or work in progress without evaluative information. Abstracts will be blind reviewed by the Scientific Committee.

For full details on how to submit an abstract please visit www.EDIC2010.ukevents.org

CONFERENCE INFORMATION

Venue and Location

Kensington Conference and Events Centre
Hornton Street, Kensington, London, W8
Tel: 020 7361 2220

Location

The Conference Centre at Kensington Town Hall is within easy walking distance of Kensington High Street underground station (District and Circle lines), connecting with all main line rail terminals and Heathrow Airport.

A 24 hour NCP car park is situated underneath the Conference Centre.

There are over 12 major hotels within walking distance and a wide variety of restaurants and shops in and around Kensington High Street.



HOTEL INFORMATION

Hotel	Single occupancy per room, per night, (inc breakfast and VAT)	Double occupancy per room, per night (inc breakfast and VAT)	Description and distance from the Conference Centre
Copthorne Tara Hotel www.millenniumhotels.co.uk/copthornetarakensington	£100.00	£110.00	The Copthorne Tara Hotel is one of the most well known four-star hotels in London. It is ideally located in a quiet corner of the Royal Borough of Kensington & Chelsea, approximately 5 minutes on foot from the Conference Centre.
The Kensington Close Hotel www.kensingtonclosehotel.com	£110.00	£115.00	Situated in a quiet location, the four-star Kensington Close Hotel and Spa is conveniently located close to the prestigious shops of High Street Kensington, approximately 5 minutes on foot from the Conference Centre.
Delegates wishing to receive information on budget accommodation should visit www.doctorhouse.co.uk , a website that offers high quality bed and breakfast accommodation for medical, academic, professional and business visitors.			

Hotel accommodation booking and payment

The full hotel room cost is payable at the time of your booking in order to reserve hotel accommodation. On receipt of your booking, confirmation of your reservation will be sent to you. Please send payment for your first choice of hotel. Subsequent changes to accommodation requirements should be directed to the Secretariat, not the hotel. The cost of the room extras, e.g. telephone calls, laundry etc. should be paid for by the individual to the hotel on departure.

Please book early, as room availability cannot be guaranteed.

The Secretariat has negotiated special rates with the official conference hotels and these rates were the best available to the Secretariat at the time of placing the booking. The Secretariat will not increase the rates listed in the conference announcement. Delegates are free to book accommodation directly through the Internet; it is possible that a lower rate will be advertised. In many cases, only a small number of rooms are available at the reduced rate and, unfortunately, the Secretariat cannot match these lower rates offered by other agencies on the Internet. The Secretariat will not be responsible for any bookings that are made through external organisations or directly with any hotel.

Hotel cancellations and refunds

Hotel payments will be refunded in full if the Secretariat can resell the bedrooms and provided that written notice of cancellation is received. Name substitutions will be permitted at any time. Refund payments will be made after the conference.

REGISTRATION INFORMATION

EDIC 2010 Full registration fees (11th - 13th March 2010)

	Early bird registration on or before 11 th January 2010	Registration after 12 th January 2010
Professors, GPs and consultant psychiatrists	£520	£620
Allied Health Professionals: Junior doctors, social workers, nurses, dietitians, psychologists, psychiatrists, psychotherapists, counsellors, researchers and other non medics	£420	£520
beat Professional Network Member	£400	£496
Students (<i>subject to availability from 12th January</i>) Please contact the Secretariat for more details		

The Full registration fee incorporates Thursday 11th - Saturday 13th March. Both sets of registration fees includes access to all scientific sessions, all meeting materials, entry to the exhibition, morning coffee, lunch, afternoon tea, Welcome Drinks Reception and VAT.

EDIC 2010 Day registration fees

Professors, GPs and consultant psychiatrists (<i>subject to availability from 12th January</i>)	£300
beat Professional Network Member and Allied Health Professionals: Junior doctors, social workers, nurses, dietitians, psychologists, psychiatrists, psychotherapists, counsellors, researchers and other non medics (<i>subject to availability from 12th January</i>)	£225

National Family Network Day - Saturday 13th March 2010 Registration fees

Individual carer	£80
Family discount (two delegates)	£120

The National Family Network Day registration fee includes access to all scientific sessions on Saturday 13th March, all meeting materials, entry to the exhibition, morning coffee, lunch, and VAT.

Payment Information and On-Line Registration

- All registrations must be accompanied by full payment
- Delegates can register by completing the registration form below and returning to the Conference Secretariat or by registering on line via the secure credit/debit card payment site; please go to www.EDIC2010.ukevents.org and click on Online Registration
- Payments must be in GBP £
- For hard-copy Registration Forms credit card payments (Amex, Mastercard and Visa) are subject to an additional charge of 2.95% but the charge does not apply if payment is made by debit card
- When used on-line both credit and debit card payments will incur an additional banking charge of 2.95%
- Credit/debit card payments cannot be made over the telephone as written authorisation is required
- We are unable to accept on-line payment using American Express
- We are unable to accept payments by bank transfer
- Cheques should be made payable to EDIC 2010
- Unfortunately we are unable to issue invoices for the payment of registration fees

Confirmation of Booking

Written confirmation and a receipt of payment will be sent. Further details and directional maps will be available at www.EDIC2010.ukevents.org shortly before the conference. We strongly recommend that you do not book travel until a place is confirmed in writing.

Registration Fee Cancellations

The registration fee will be refunded with a £50.00 deduction, provided that written notice is received before Friday 5th February 2010. No refunds will be made for cancellations after this date, although name substitutions will be accepted at any time. Refund payments will be made after the meeting.

EDIC 2010 REGISTRATION FORM

Registration and Accommodation Form - Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: First Names:

Prof/Dr/Mr/Mrs/Miss/Ms etc: Male Female

Work Address*:

Town/City: Post Code: Country:

E-mail**:

Business Tel. No: Fax No:

* NB: Your work address will be used for correspondence. If it is not appropriate please advise us, in a covering letter, of an alternative address.

** NB: It is important that you provide an email address so that notification can be sent to you when final details of the conference are available on the website.

Registration Fee		Please tick (✓) relevant box		Payment (£)
Early bird registration on or before 11th January 2010		Registration on or after 12th January 2010		
<input type="checkbox"/> Professors, GPs & consultant psychiatrists:	£520	<input type="checkbox"/> Professors, GPs & consultant psychiatrists:	£620	
<input type="checkbox"/> Allied Health Professionals and other non medic	£420	<input type="checkbox"/> Allied Health Professionals and other non medic	£520	
<input type="checkbox"/> beat Professional Network Member *	£400	<input type="checkbox"/> beat Professional Network Member *	£496	
<input type="checkbox"/> Student (Please contact the Secretariat for more details)				
Day registration - subject to availability after 12th January 2010				
<input type="checkbox"/> Day registration - Professors, GPs & consultant psychiatrists			£300	
<input type="checkbox"/> Day registration - beat Professional Network Members, Allied Health Professionals and other non medic			£225	
For day registrations please indicate which day you wish to attend: <input type="checkbox"/> Thursday 11 th March <input type="checkbox"/> Friday 12 th March <input type="checkbox"/> Saturday 13 th March				
*Please include your Professional Network number here: For more information about becoming a beat Professional Network Member, visit the beat website at: http://www.b-eat.co.uk/Supportingbeat/ProfessionalMembership or call 0870 770 3256				

National Family Network Day - Saturday 13 th March 2010		Please tick (✓) relevant box		Payment (£)
<input type="checkbox"/> Individual carer	£80			
<input type="checkbox"/> Family discount (two delegates)	£120			

Hotel Reservation		Arrival Date	Departure Date	No. Nights	No. of Persons per Room	Single/ Twin/Double	Payment (£)
	Hotel Name						
1 st Choice:							£
2 nd Choice:							£

Dietary	<input type="checkbox"/> Vegetarian <input type="checkbox"/> Other (please state foods you are unable to eat).....
Access needs	<input type="checkbox"/> Please specify (e.g. wheelchair user, mobility difficulties, hearing impaired etc.)

Payment Details	<i>Please fully complete - all sections are essential in order to process payment</i> <i>All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> By Cheque/Bank Draft	Payable to 'EDIC 2010' and drawn on a UK bank
<input type="checkbox"/> Please deduct the total sum due from:	Credit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express
	Debit Card: <input type="checkbox"/> Maestro <input type="checkbox"/> Visa Delta
	Card No: _____
	Expiry Date: _____ Cardholder's Signature: _____
	Card Security Code (last 3 digits of code on the back of the card): _____
	Name and full address (including postcode) of the cardholder: _____ _____
Maestro only:	<i>Please note credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%)</i> Valid from date: _____ or issue no: _____

By returning your completed registration form you are agreeing to the terms & conditions of the conference, including cancellation policies for registration fees and accommodation charges and for the Secretariat to use your email address.

Sign up to become a **beat** Professional Network Member today!

For just £65 a year, **beat Professional Network Membership** entitles you to:

- Up to 20% off admission at **beat** conferences - including Eating Disorders International Conference 2010!
- Reduced subscription rate to the new **beat** HelpFinder Directory <http://helpfinder.b-eat.co.uk>
- Over 60% discount on the European Eating Disorders Review (normal price £142 - **beat** price £55)
- Regular e-newsletters including job advertisements, research and training opportunities
- Invitations to supporter events
- Upbeat - our quarterly magazine, plus various **beat** leaflets and literature

For more information on signing up, call Louisa Grimmer on 01603 753305, email l.grimmer@b-eat.co.uk or visit www.b-eat.co.uk/Supportingbeat/ProfessionalMembership

