

# DIABETES UPDATE V



A two-day  
educational  
meeting for  
secondary  
care physicians  
with an  
interest in  
diabetes

CPD APPLIED FOR

Holiday Inn Hotel - Stratford-upon-Avon

Wednesday 5th - Thursday 6th May 2010

**Invitation and Programme**

# INVITATION

Dear Colleague

We are pleased to invite you to attend **Diabetes Update V**, which will be held at the Holiday Inn, Stratford-upon-Avon from **Wednesday 5<sup>th</sup> - Thursday 6<sup>th</sup> May 2010**.

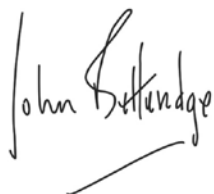
The meeting is primarily designed for full time practising UK hospital physicians. However, places may be allocated to other health professionals, depending on availability.

The fourth Diabetes Update meeting was held in 2009 in Stratford-upon-Avon. Due to the popular demand of this meeting and the exciting advances in this field we have been encouraged to organise what we are sure will be a successful fifth conference.

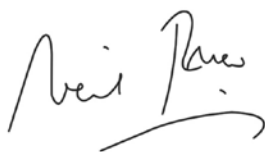
We enclose the new programme for this year's meeting which focuses on type II diabetes. The format links epidemiology and pathophysiology with risk and treatment whilst keeping a highly practical focus throughout.

We look forward to your active involvement in the meeting, which has been designed to ensure ample opportunity for interactive discussion. In particular, we invite you to bring along your difficult cases for discussion with members of the faculty and the audience.

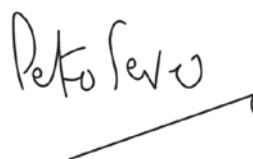
We wish to thank our sponsors for their support and we look forward to welcoming you to Stratford-upon-Avon this May.



Professor John Betteridge



Professor Neil Poulter



Professor Peter Sever



Professor Simon Thom

## Scientific Coordinators

---

### Conference Secretariat

Hampton Medical Conferences Limited

113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ

Tel: 020 8979 8300 Fax: 020 8979 6700 Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com) Website: [www.hamptonmedical.com](http://www.hamptonmedical.com)

---

### Major Sponsors



This independent meeting has been financially supported by educational grants from Novo Nordisk Ltd and Takeda UK Ltd.

# PROGRAMME

Wednesday 5<sup>th</sup> May 2010

10.00 onwards

Registration

## Session 1

### TYPE II DIABETES: THE BASICS

Chair: D.J. Betteridge

11.00 - 11.20

1.1

Epidemiology of type II diabetes. Do we face a pandemic?

**Professor Neil Poulter**

*Professor of Preventive Cardiovascular Medicine, Imperial College London and  
Honorary Consultant Physician and Epidemiologist, St. Mary's Hospital London*

11.20 - 11.30

Discussion

11.30 - 11.50

1.2

Beta cell function vs. insulin resistance

**Professor Clifford Bailey**

*Professor of Clinical Medicine and Head of Diabetes Research, Aston University, Birmingham*

11.50 - 12.00

Discussion

12.00 - 12.20

1.3

Ethnic differences in diabetes

**Dr. Therese Tillin**

*Research Fellow, Imperial College London*

12.20 - 12.30

Discussion

12.30 - 12.50

1.4

Metabolic syndrome - definitions and relevance

**Professor Naveed Sattar**

*Professor of Metabolic Medicine, University of Glasgow and  
Honorary Consultant in Clinical Biochemistry, Glasgow Royal Infirmary*

12.50 - 13.00

Discussion

13.00 - 14.00

Lunch

## Session 2

### MANAGING CARDIOVASCULAR RISK I

Chair: P.S. Sever

14.00 - 14.20

2.1

Renal disease

**Professor Bryan Williams**

*Professor of Medicine, University of Leicester School of Medicine*

14.20 - 14.30

Discussion

14.30 - 14.50

2.2

Management of glycaemia - guidelines

**Professor Ian Campbell**

*Emeritus Professor, Bute Medical School, University of St. Andrew's*

14.50 - 15.00

Discussion

15.00 - 15.20

2.3

Hypertension

**Professor Peter Sever**

*Professor of Clinical Pharmacology and Therapeutics, Imperial College London and  
Honorary Consultant Physician, St. Mary's Hospital London*

15.20 - 15.30

Discussion

15.30 - 16.00

Tea

---

## Wednesday 5<sup>th</sup> May 2010 - continued

---

<b>Session 3</b>		<b>GLITAZONES; GETTING TO THE HEART OF THE MATTER: CLINICAL TRIALS AND REAL LIFE EXPERIENCE</b> ( <i>Takeda UK Ltd. Workshop</i> )	Chair: D.J. Betteridge
16.00 - 16.20	3.1	Glitazones and glycaemic control <i>Speaker to be confirmed</i>	
16.20 - 16.40	3.2	Glitazones: the cardiologists view <b>Dr. Stephen Wheatcroft</b> <i>Senior Lecturer and BHF Intermediate Clinical Research Fellow, University of Leeds</i>	
16.40 - 17.00	3.3	Glitazones in the real world <b>Professor Kamlesh Khunti</b> <i>Professor of Primary Care, Diabetes and Vascular Medicine, University of Leicester</i>	
17.00 - 17.30		Panel debate	
<b>Session 4</b>		<b>COMPLICATIONS I</b>	Chair: P.S. Sever
17.30 - 17.45	4.1	Pregnancy <b>Dr. Stephen Robinson</b> <i>Consultant Physician, St. Mary's Hospital, London</i>	
17.45 - 17.50		Discussion	
17.50 - 18.05	4.2	Retinopathy <b>Professor Paul Dodson</b> <i>Consultant Physician, Heart of England Foundation Trust, Birmingham</i>	
18.05 - 18.10		Discussion	
19.30		<i>Reception</i>	
20.00		<i>Conference Dinner</i>	

---

## Thursday 6<sup>th</sup> May 2010

---

<b>Session 5</b>		<b>MANAGING CARDIOVASCULAR RISK II</b>	Chair: N. Poulter
08.30 - 08.50	5.1	Benefits of improving glycaemic control in relation to micro- and macrovascular disease - trial evidence <b>Dr. Kausik Ray</b> <i>BHF Intermediate Fellow and Senior Clinical Research Associate, University of Cambridge and Honorary Consultant, Addenbrooke's Hospital, Cambridge</i>	
08.50 - 09.00		Discussion	
09.00 - 09.20	5.2	Diabetic dyslipidaemia <b>Professor John Betteridge</b> <i>Professor of Endocrinology and Metabolism, University College London and Consultant Physician, University College Hospitals, London</i>	
09.20 - 09.30		Discussion	

---

## Thursday 6<sup>th</sup> May 2010, continued

---

09.30 - 09.50 5.3 Diet and lifestyle  
**Professor Simon Thom**  
*Professor of Cardiovascular Medicine and Pharmacology, Imperial College London and  
Honorary Consultant Physician, St. Mary's Hospital London*

09.50 - 10.00 Discussion

10.00 - 10.30 *Coffee*

**Session 6** **Incretins - The Potential for Diabetes Management** Chair: S. Thom  
(*Novo Nordisk Ltd. Workshop*)

10.30 - 10.50 6.1 The incretin system - its importance in beta cell function and glycaemic control  
*Speaker to be confirmed*

10.50 - 11.00 Discussion

11.00 - 11.20 6.2 The incretin system and how best to intervene - real clinical experience & case studies  
**Dr. Marc Evans**  
*Consultant Physician in General Medicine and Diabetes, University Hospital Llandough, Penarth*

11.20 - 11.30 Discussion

11.30 - 12.00 Panel Discussion

Keynote Lecture

12.00 - 12.20 Obesity management  
**Professor Nick Finer**  
*Honorary Professor and Consultant Endocrinologist, University College London Hospitals*

12.20 - 12.30 Discussion

12.30 - 13.30 *Lunch*

**Session 7** **COMPLICATIONS II** Chair: N. Poulter

13.30 - 13.50 7.1 Neuropathy and the diabetic foot  
**Professor Andrew Boulton**  
*Professor of Medicine, University of Manchester  
and Consultant Physician, Manchester Royal Infirmary*

13.50 - 14.00 Discussion

14.00 - 14.45 7.2 Debate - Does proteinuria matter?  
No: **Professor Bryan Williams**  
*Professor of Medicine, University of Leicester School of Medicine*  
Yes: *Speaker to be confirmed*

**Session 8** **CASE DISCUSSIONS** Chair: D.J. Betteridge

14.45 - 15.30 Cases from the faculty and floor

15.30 Close of meeting

### FUTURE PROGRAMME AND SPEAKER UPDATES

Please visit [www.hamptonmedical.com](http://www.hamptonmedical.com) (click on Future Events) to download an updated copy of this Invitation, which will include programme and speaker updates as soon as these are available

*The Programme is correct at the time of printing, and the Secretariat accepts no liability for any changes made at a later date.*

# CONFERENCE INFORMATION

## DATES & VENUE

The meeting will commence with registration at 10.00 hrs on Wednesday 5<sup>th</sup> May and conclude at 15.30 hrs on Thursday 6<sup>th</sup> May. All lectures, accommodation and meals will take place in the Holiday Inn, Stratford-upon-Avon, Warwickshire. This four-star hotel is within easy walking distance of the historic town centre.

## ACCOMMODATION & MEALS

Dinner and accommodation (in single occupancy, en-suite rooms) are provided for delegates on the night of Wednesday 5<sup>th</sup> May. Whilst the cost of all set conference meals and refreshments (see programme) is included in the registration fee, any room extras, e.g. bar bills, telephone calls, must be settled by delegates themselves, direct to the hotel, prior to departure.

## TRAVEL

Stratford-upon-Avon is conveniently situated in the heart of the country, with excellent rail and motorway links. Free parking is available at the hotel for residents. All travel costs are the responsibility of the delegate.

## CPD ACCREDITATION

Accreditation has been applied for.

## REGISTRATION & PAYMENT

Delegates will be required to pay a **registration fee of £122.00** which includes conference materials, all set conference meals/refreshments and one night's accommodation. It is anticipated that applications for this meeting will exceed available places and it has been decided to prioritise the applications of doctors who are practising medicine full-time in order to bring the benefits of this meeting to clinical practice.

In order to register to attend the meeting please fully complete the Registration Form and return to the Secretariat together with the requisite payment. Payment can be made by cheque (payable to Hampton Medical Conferences Ltd.) credit card (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta). Please note that credit card payments incur an additional charge on MasterCard/Visa/Amex of 2.95% and we are unable to take payment over the telephone as we require written authorisation. Places at the meeting cannot be reserved in the absence of a registration form and payment.

## CONFIRMATION

Upon receipt of registration forms, delegates will be sent written confirmation of their place and accommodation, together with a receipt for payment. We strongly recommend you do not book travel until a place is confirmed in writing. Further conference information including maps will be available on the Secretariat's website ([www.hamptonmedical.com](http://www.hamptonmedical.com)) two weeks prior to the conference.

## CANCELLATIONS & REFUNDS

It would be appreciated if delegates, who are no longer able to attend the meeting, could advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £15.00 administration fee, for written cancellations received prior to Monday 12<sup>th</sup> April. Refunds will not be made for cancellations received after this date, but named substitutions will be allowed at any time. Please note that any refunds due will be paid after the conference has taken place.

## WEBSITE

Please visit the future events section on the Hampton Medical website ([www.hamptonmedical.com](http://www.hamptonmedical.com)) to view the updated programme as further speakers are confirmed.

## LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Conference Secretariat are not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings

In the event that the conference is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this conference, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

# REGISTRATION FORM - DIABETES UPDATE V

Holiday Inn, Stratford-upon-Avon - Wednesday 5<sup>th</sup> - Thursday 6<sup>th</sup> May 2010

Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: \_\_\_\_\_ First Names: \_\_\_\_\_

Prof/Dr/Mrs/Miss etc: \_\_\_\_\_  Male  Female

Speciality: \_\_\_\_\_ Grade: \_\_\_\_\_

Are you practising: full time or part time / research / retired (please delete as appropriate)

Work Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ E-mail\*: \_\_\_\_\_

Business Tel. No: \_\_\_\_\_ Fax No: \_\_\_\_\_

*\*NB It is important that you provide an email address so that notification can be sent to you when final details of the conference are available on the website*

Requirements	<i>Please tick (✓) relevant boxes</i>	Wednesday 5 <sup>th</sup> May	Thursday 6 <sup>th</sup> May
I will be attending the meeting on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
I will require dinner on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	N/A
I will require accommodation on:		<input type="checkbox"/> Yes <input type="checkbox"/> No	N/A
Dietary Requirements:			
<input type="checkbox"/> Vegetarian <input type="checkbox"/> Other (Please state foods that you are unable to eat) _____			
N.B. Conference meals will not contain pork, beef or shellfish			

<b>Access Needs</b>	<input type="checkbox"/> (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc)- _____
---------------------	---

## Registration Fee: £ 122.00

Includes access to all scientific sessions, conference materials, accommodation and dinner as above, lunch and tea/coffee.

Payment Details	<i>Please tick (✓) relevant box</i> <span style="float: right;"><u>All payments to be in GB Pounds Sterling</u></span> <i>Registrations will NOT be accepted without payment</i>
<input type="checkbox"/> <b>By Cheque/ Bank Draft</b>	Payable to 'Hampton Medical Conferences Ltd' and drawn on a UK bank.
<input type="checkbox"/> <b>Please deduct the total sum due from:</b>	<p><b>Credit Card:</b> <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express</p> <p><b>Debit Card:</b> <input type="checkbox"/> Maestro <input type="checkbox"/> Visa Delta</p> <p>Card No: _____</p> <p>Expiry Date: _____ Cardholder's Signature: _____</p> <p><i>Security Code: (last 3 digits of code on back of card):</i> _____</p> <p><i>Please note credit card payments are subject to an additional charge (MasterCard, Visa &amp; Amex: 2.95%)</i></p> <p>Name and address (including postcode) of the cardholder: _____ _____</p> <p><b>Maestro only:</b> <i>valid from date:</i> _____ <i>or</i> <i>issue no:</i> _____</p>

By returning your completed form you are agreeing to the terms & conditions of the conference, including cancellation policies for registration fees. You are also agreeing to your name and town being included on the list of participants that will be circulated at the meeting and your email address being used by the Secretariat.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

**Please return to:** Diabetes Update V (Conference Registration), Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ. **Alternatively for credit/debit card payments only by fax on 020 8979 6700**



## Diabetes Update V

5th-6th May 2010 - STRATFORD-UPON-AVON

### What previous attendees have said.....

“Good practical advice with clear conclusions by speakers”

“High quality speakers with ample time for audience discussion”

“Really informative and interesting meeting with lots of take home messages”



## Diabetes Update V

5th-6th May 2010  
STRATFORD-UPON-AVON



### Sender:

Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK  
Tel: +44 (0) 20 8979 8300 Fax: +44 (0) 20 8979 6700 Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com)  
Web: [www.hamptonmedical.com](http://www.hamptonmedical.com)