

# British Hypertension Society



[www.bhsoc.org](http://www.bhsoc.org)

## 12<sup>th</sup> BHS Clinical Education Meeting for Primary Care

A one-day educational meeting for general practitioners, primary care nurses and pharmacists, supplementary and independent prescribers and other primary care healthcare professionals

May be deemed suitable for your CPD programme

**Tuesday 25<sup>th</sup> May 2010**

**Institute of Child Health  
LONDON**

***Invitation and  
Programme***

## INVITATION

Dear Colleague

We are pleased to invite you to attend the 12<sup>th</sup> British Hypertension Society Clinical Education Meeting for Primary Care, which will be held at the Institute of Child Health in London on **Tuesday 25<sup>th</sup> May 2010**.

This educational programme is intended to support best practice and successful implementation of evidence-based management and guidelines. Over 1,300 General Practitioners, Primary Care Cardiovascular Leads, Lead Pharmacists and nurses have attended BHS Clinical Education meetings and feedback has been highly positive. For this meeting we have constructed a programme based on feedback from previous meetings to consider pragmatic approaches to reducing cardiovascular disease and achieving targets. To facilitate interaction, you are invited to bring your difficult cases and see what the experts say.

Abstracts of the speakers' presentations, together with further handouts and reading lists, will be provided for all delegates.

The meeting is aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists, Supplementary and Independent Prescribers and other allied healthcare professionals working in the field of cardiovascular risk.

We wish to thank our sponsors and exhibitors for supporting this meeting, and we hope that you will take the opportunity to join us.



**Professor Mark Caulfield**  
President, British Hypertension Society



**Dr. James McLay**  
Chairman, BHS Educational Programmes Working Party

## SOME FEEDBACK FROM PREVIOUS MEETINGS

"Well informed and succinct"

"Excellent and informative"

"The discursive discussions often prompted by questions and dealing with real patient situations were most helpful"

"Practical points all useful for practice"

"Brilliant speakers and meeting"

"A very informative and entertaining day"

"Worthwhile and engaging meeting"

"I've attended for the last four years, and find this course excellent value in terms of price, relevance and interest"

"Extremely well organised meeting. The duration of each lecture was the right one to keep the salient points to remember"

"A truly excellent day!"

## PROGRAMME

08.30 - 09.30 **REGISTRATION AND COFFEE**

### Session 1: Anticoagulation and Lipids

Chair: Dr James McLay (Aberdeen)

09.30 - 09.50

**1.1 Aspirin - where are we now?**

*Professor Peter Sever*

*Professor of Clinical Pharmacology, Imperial College London*

09.50 - 10.00 Discussion

10.00 - 10.20

**1.2 Lipid lowering - what next?**

*Professor Neil Poulter*

*Professor of Preventive Cardiovascular Medicine, Imperial College London*

10.20 - 10.30 Discussion

10.30 - 10.50

**1.3 Atrial fibrillation, stroke and anticoagulation**

*Professor Gordon McInnes*

*Professor of Clinical Pharmacology, Western Infirmary, Glasgow*

10.50 - 11.00 Discussion

11.00 - 11.30 **COFFEE**

### Session 2: Hypertension, Assessment and Patient Outcomes

Chair: Dr Ian Wilkinson (Cambridge)

11.30 - 11.50

**2.1 The primary care management of the patient with heart failure and hypertension**

*Dr. Terry McCormack*

*General Practitioner, Whitby Group Practice*

11.50 - 12.00 Discussion

12.00 - 12.20

**2.2 What do ABPM and home blood pressure measurements actually mean?**

*Professor John Potter*

*Professor of Ageing and Stroke Medicine, University of East Anglia, Norwich*

12.20 - 12.30 Discussion

12.30 - 12.50

**2.3 Preventing cardiovascular disease in type 2 diabetes mellitus - priorities for optimal intervention**

*Professor Neil Poulter*

*Professor of Preventive Cardiovascular Medicine, Imperial College London*

12.50 - 13.00 Discussion

**PROGRAMME continued**

13.00 - 14.00 **LUNCH**

**Session 3: Managing Specific Patient Groups**

**Chair:** Professor Mark Caulfield (London)

14.00 - 14.20

**3.1 Does elevated blood pressure in childhood equate to increased risk?**

*Dr. Ian Wilkinson  
Senior Lecturer and Honorary Consultant,  
Addenbrooke's Hospital, Cambridge*

14.20 - 14.30 Discussion

14.30 - 14.50

**3.2 New treatments for diabetes and cardiovascular risk**

*Professor Graham Hitman  
Professor of Molecular Medicine and Diabetes,  
St. Bartholomew's and the London School of Medicine*

14.50 - 15.00 Discussion

15.00 - 15.20

**3.3 Hypertension management in anticipation of pregnancy**

*Dr. David Williams  
Consultant Obstetric Physician,  
University College Hospital, London*

15.20 - 15.30 Discussion

15.30 - 15.45 **TEA**

**Session 4: Cardiovascular Risk Clinic - Challenging Cases in Primary Care**

**Chair:** Professor Mark Caulfield (London)

15.45 - 16.30

*Please bring along your interesting or difficult cases and present your problems from primary care to the panel and audience for discussion*

To include the following problems:

- ◆ Resistant hypertension
- ◆ Pre-conception hypertension
- ◆ Hypertension during pregnancy
- ◆ Postural hypotension in the uncontrolled hypertensive
- ◆ Uncontrolled hypertension on multiple antihypertensive agents

**Panel:** Dr James McLay (*Aberdeen*)  
Professor Gordon McInnes (*Glasgow*)  
Dr. Terry McCormack (*Whitby*)  
Invited GP from the audience

16.30 **CLOSE OF MEETING**

*The programme is correct at time of print and may be subject to change at a later date*

**MEETING INFORMATION**

**VENUE**

The Course will take place at the Institute of Child Health (ICH), 30 Guilford Street, London WC1N 1EH.

Situated in Bloomsbury in the heart of London, the ICH is a short walk from Russell Square and Holborn Underground Stations and approximately 15 minutes walk from London Kings Cross and Euston Stations.

**ACCOMMODATION**

Delegates who wish to book overnight accommodation can call 'Visit London' on telephone: 08456 44 30 10 or visit their website at [www.visitlondon.com](http://www.visitlondon.com). Alternatively, you may wish to contact Doctor in the House, an accommodation agency offering accommodation in private homes at reasonable rates.

For information, email: [rooms@doctorhouse.co.uk](mailto:rooms@doctorhouse.co.uk), visit their website on [www.doctorhouse.co.uk](http://www.doctorhouse.co.uk) or tel: 020 8870 5949.

**CONTINUING PROFESSIONAL DEVELOPMENT**

This meeting may be deemed suitable for your Continuing Professional Development (CPD). Attendance Certificates will be issued to all attendees at the end of the meeting.

*"Excellent coverage of all topics - all aspects were really relevant to my daily practice"*

*"This is the second BHS meeting I've been to and they have both been excellent and very well organized"*

*"Really informative and interesting day with lots of take-home messages"*

*"Practical approach to the management of hypertension and its complications"*

**BRITISH HYPERTENSION SOCIETY EXECUTIVE COMMITTEE**

<b>President</b>	Professor Mark Caulfield <i>St. Barts &amp; The London</i>
<b>Vice-President</b>	Professor Tony Heagerty <i>University of Manchester</i>
<b>Secretary</b>	Dr Adrian Brady <i>Glasgow Royal Infirmary</i>
<b>Treasurer</b>	Dr. Ian B. Wilkinson <i>University of Cambridge</i>
<b>Ordinary Members</b>	Professor Francesco P. Cappuccio <i>Warwick Medical School, Coventry</i> Professor Stephen Jackson <i>King's College Hospital, London</i> Professor Gary McVeigh <i>Queens University, Belfast</i> Dr Alex D. Watson <i>Westgate Health Centre, Dundee</i>

# HOW TO REGISTER

## REGISTRATION FEES

The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists, Supplementary Prescribers and other allied healthcare professionals working in cardiovascular risk.

Abstracts of the speakers' presentations, together with further handouts and reading lists, will be provided for all delegates.

The following registration fees, which include VAT, conference materials, lunch and refreshment, are applicable:

General practitioners	£ 195.00
Allied Health Professionals (nurses, dieticians, pharmacists, supplementary and independent prescribers etc)	£ 150.00

Delegates can register online for the meeting using a secure credit/debit card payment site. Please go to the website [www.hamptonmedical.com](http://www.hamptonmedical.com) and click on 'Online Services' and then 'Conference Registration'.

Alternatively a hard copy Registration Form can be found opposite. All Registration Forms must be accompanied by the appropriate payment.

### PAYMENT INFORMATION

- Payment must be made in GBP £  
Cheques should be made payable to 'British Hypertension Society'
- Credit card payments can be made (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta)
- Credit/debit card payments are subject to an additional charge of 2.95% (for hard copy Registration Forms the charge does not apply to debit card payments)
- Unfortunately we are unable to accept online payment using American Express
- Credit/debit card payments cannot be taken over the telephone

## CONFIRMATION

Written confirmation and a receipt of payment will be sent to you. We strongly recommend you do not book travel or locum cover until a place is confirmed in writing.

## FURTHER INFORMATION

Further meeting information, including joining instructions, will be available on the following websites two weeks prior to the meeting:

[www.bhsoc.org](http://www.bhsoc.org)

[www.hamptonmedical.com](http://www.hamptonmedical.com)

## CANCELLATIONS & REFUNDS

Delegates who are no longer able to attend the meeting should advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £40.00 administration fee, for written cancellations received prior to 30<sup>th</sup> April 2010. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Please note that any refunds due will be paid after the meeting has taken place.

"High quality speakers - a day well spent!"

"All very interesting, particularly useful was looking at risks in primary prevention"

"Very informative and enjoyable day"

"Very good lectures/debates and updates - a good mix"

## SECRETARIAT

Hampton Medical Conferences Ltd.  
113-119 High Street  
Hampton Hill, Middlesex, TW12 1NJ, UK

Tel: + 44 (0)20 8979 8300  
Fax: + 44 (0)20 8979 6700  
Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com)  
BHS website: [www.bhsoc.org](http://www.bhsoc.org)  
Secretariat website: [www.hamptonmedical.com](http://www.hamptonmedical.com)

### LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings.

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

## SPONSORS and EXHIBITORS

The British Hypertension Society would like to express its gratitude to the following companies for their support:

Major Sponsor: Takeda UK Ltd.



Exhibitors: AC Cossor & Sons  
Keller Ltd.

# 12<sup>th</sup> BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE REGISTRATION FORM

*Institute of Child Health, London - Tuesday 25<sup>th</sup> May 2010*

Please complete in **BLOCK CAPITALS**

Last/Family Name: \_\_\_\_\_ First Names: \_\_\_\_\_

Prof/Dr/Mrs/Miss/Ms etc: \_\_\_\_\_  Male  Female

Professional Title: \_\_\_\_\_ PCT: \_\_\_\_\_  
(e.g. CHD Lead, Nurse, Prescribing Advisor)

Work Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ E-mail\*: \_\_\_\_\_

Business Tel. No: \_\_\_\_\_ Fax No: \_\_\_\_\_

*\* It is important that you provide an email address so that notification can be sent to you when final details of the meeting are available on the website*

REGISTRATION FEES - Includes VAT, access to all scientific sessions, conference materials (including abstracts and speaker handouts), lunch & tea/coffee on Tuesday 25 <sup>th</sup> May 2010:	Payment (inc. VAT)
General practitioners	<input type="checkbox"/> £ 195.00
Allied Health Professionals (nurses, dieticians, pharmacists etc)	<input type="checkbox"/> £ 150.00

**Dietary Requirements:**  Vegetarian  Other, please state foods that you are unable to eat: \_\_\_\_\_

**Access Needs:**  (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc) \_\_\_\_\_

**WHERE DID YOU HEAR ABOUT THE MEETING?** *Please tick (✓) relevant box*

Direct Mailing from Organisers   
  Through local PCT   
  Advert (please specify) \_\_\_\_\_  
 .....  
 Other (please specify) \_\_\_\_\_  
 .....

PAYMENT DETAILS	<i>Please fully complete - all sections are essential in order to process payment All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> <b>By Cheque/Bank Draft</b>	Payable to 'British Hypertension Society' and drawn on a UK bank.
<input type="checkbox"/> <b>Please deduct the total sum due from:</b>	<p><b>Credit Card:</b>    <input type="checkbox"/> American Express    <input type="checkbox"/> MasterCard    <input type="checkbox"/> Visa</p> <p><b>Debit Card:</b>    <input type="checkbox"/> Visa Delta    <input type="checkbox"/> Maestro</p> <p>Card No: _____</p> <p>Expiry Date: _____    Cardholder's Signature: _____</p> <p>Card Security Code (last 3 digits of code on the back of the card): _____</p> <p><i>Please note that credit card payments are subject to an <b>additional charge</b> (MasterCard, Visa &amp; Amex: 2.95%)</i></p> <p>Name, billing address (inc. post code) of the cardholder: _____</p> <p>_____</p> <p>_____</p> <p><b>Maestro only:</b> valid from date: _____ or issue no: _____</p>

By returning your completed registration form you are agreeing to the terms & conditions of the conference, including credit card charges & any cancellation policies for registration fees. Please see 'How to Register' for details. You are also agreeing to your name and town being displayed on the list of delegates and your email address being used by the Secretariat.

*Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:*

**Please return to:** **BHS Clinical Registration**  
Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK  
For credit/debit card registrations only - fax: +44 (0) 20 8979 6700



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**Clinical Education Meeting for Primary Care**  
**25<sup>th</sup> May 2010 - LONDON**

**What previous attendees have said.....**

**“Practical approach  
to the management of  
hypertension and its  
complications”**

**“Really informative  
and interesting day with  
lots of take-home  
messages”**

**“A truly  
excellent day!”**

**Register online at [www.hamptonmedical.com](http://www.hamptonmedical.com)**



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**Sender:**

**Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK**  
**Tel: +44 (0) 20 8979 8300 Fax: +44 (0) 20 8979 6700 Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com)**  
**Web: [www.hamptonmedical.com](http://www.hamptonmedical.com)**