

Careif 2009 International Conference



Sport, Education & Culture:

Promoting Health, Wellbeing and Positive Identities for Young People

Barbican Centre, London, UK, 11th November 2009

October 2009

**To: Participants attending the Careif 2009 International Conference
Barbican Centre, Silk Street, London, EC2Y 8DS
Wednesday 11th November 2009**

Dear Colleague

Arrangements are proceeding well for the above conference which you have registered to attend. We would like to take this opportunity to provide final details concerning the conference.

The registration desk will open on Level 4 of the Barbican Centre from 08.45 hrs onwards on Wednesday 11th November 2009. Lectures will commence at 09.30 hrs.

If you now find you are unable to attend for any reason, or wish to make changes to your registration booking, **PLEASE INFORM US AS SOON AS POSSIBLE**. The Secretariat regrets that registration fees are NOT refundable at this stage, although named substitutions will be accepted at any time.

Please find enclosed a copy of the conference programme, along with general information and directions to the Barbican Centre. Please read the information carefully and contact us if you have any queries.

We look forward to welcoming you to London next month.

Yours sincerely

Lara Costanzo
lcostanzo@hamptonmedical.com

Hannah Batchelor
hbatchelor@hamptonmedical.com

**Secretariat
Careif 2009 International Conference**

LOCATION

The Careif 2009 International Conference will be held on Wednesday 11th November 2009 at:

**Barbican Centre
Silk Street
London
EC2Y 8DS**

**Tel. 020 7638 4141
www.barbican.org.uk**

Please ensure that you use the entrance on Silk Street.

REGISTRATION AND PROGRAMME TIMES

Registration is from 08.45 hrs and the Registration Desk is located on level 4 outside the Conservatory Terrace.

As a courtesy to speakers please ensure that all mobile telephones are switched off during lectures. Messages can be left with the Secretariat by contacting the Registration Desk on **07885 477 674**.

The Opening Plenary will start at 09.30 hrs. The last session will finish at approx. 17.00 hrs.

Transport and Parking

By Car

London is accessible from the North by the M6, M1 and A1 (M). The venue is located within the London Congestion Charge Zone. For further information on the Congestion Charge please visit www.cclondon.com or telephone 0845 900 1234 (from within the UK) or +44 (0)20 7649 9122 (for international callers).

The Barbican is clearly sign-posted and has four car parks. Two are off Beech Street (westbound access only) and two are off Silk Street near the main entrance.

Underground

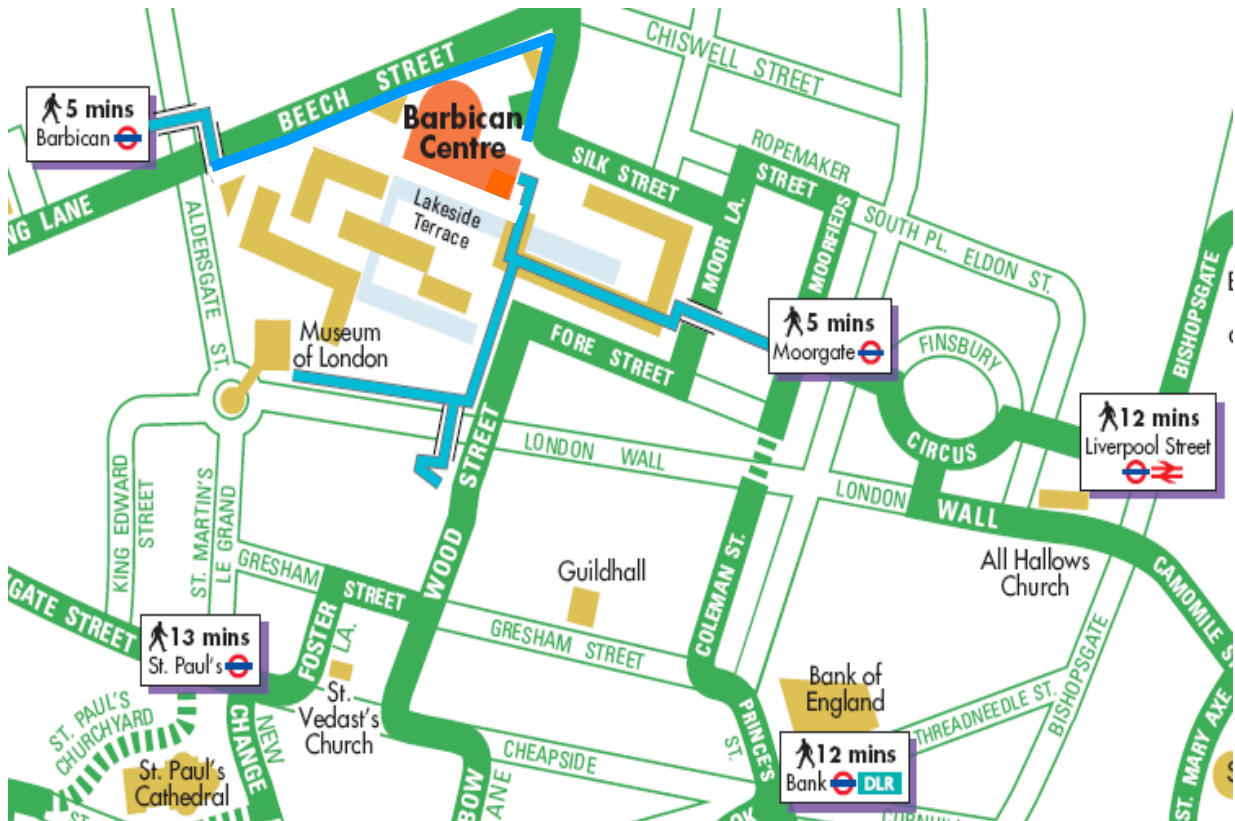
The nearest Underground station is Barbican, on the Circle, Metropolitan and Hammersmith & City lines. To reach the Barbican, exit the station and cross Aldersgate Street in front of you. Walk through the road tunnel (Beech Street) before taking the first turning right into Silk Street. The Barbican is straight ahead of you. Other Underground stations nearby are Moorgate, St Paul's, Bank, Liverpool Street and Mansion House.

To check train routes and times please visit www.tfl.gov.uk or call National Rail enquiries on 08457484950.

By Rail

The nearest rail stations are Liverpool Street, Farringdon and Blackfriars. City Thameslink services serve Barbican, Moorgate and Cannon Street.

London Kings Cross, London St Pancras and London Euston link London with the north of England and Scotland. London Paddington links London with South West England and South Wales. London Liverpool Street links London with East Anglia and The East of London. London Waterloo and London Victoria link London with the South of England. For further information please visit www.nationalrail.co.uk.



GENERAL INFORMATION

Cloakroom

A cloakroom will be available opposite the Registration Desk next to the Conservatory Terrace entrance.

Security

All goods coming into the building may be checked and the Conference Centre management reserves the right to scrutinise any items leaving the building.

Please do not leave bags or personal belongings unattended at any time as they may be removed.

Wireless Internet Access

There is wireless internet access throughout the Barbican Centre for use with your own laptop. The access is free of charge.

Name Badges

For security reasons, delegates must wear their identification badge at all times.

Meals and Special Diets

Conference meals will not contain beef, pork or shellfish. If you have requested a vegetarian or special diet you will receive a dietary card when you register at the conference. You will need to show this to the catering staff in order to receive your meal.

Insurance

The organisers are unable to accept any responsibility for damage or loss of personal property during the conference and participants are advised to ensure that such items are adequately insured.

Fire Precautions

Fire Exits are indicated prominently in all rooms and corridors. You should familiarise yourself with those exits, which are pertinent to your meeting room. Exits must not be obstructed.

On hearing the alarm evacuate quickly and quietly by the nearest Fire Exits. No one should stop to collect personal belongings.

Please contact the Secretariat if you have any queries.

Hampton Medical Conferences Ltd.
113-119 High Street
Hampton Hill
TW12 1NJ

Tel. +44 (0) 20 8979 8300
careif@hmconline.co.uk
www.careif.ukevents.org

careif 2009 International Conference Programme

08.45 - 09.30 Registration

09.30 - 10.00 **OPENING CEREMONY**

09.30 - 09.45 **Welcome to the *careif* vision**
Professor Kamaldeep Bhui
President of *careif* 2009, UK

09.45 - 10.00 **Tribute to the role of sport in education and mental wellbeing for young people: Tai-Chi, Kung Fu demonstration and lecture**
Paul Lockyer, Martine Niven and a youth demonstration team from Natural Healing, UK

10.00 - 11.00 **OPENING ADDRESS**

Chair: Lord Victor Adebawale, Patron of *careif*, UK

Sport and the Games: the legacy for young people's wellbeing
The Rt Hon. Tessa Jowell, MP
Minister for the Olympics (invited, awaiting confirmation)

11.00 - 11.30 *Coffee*

11.30 - 12.30 **PARALLEL SESSIONS**

| Parallel 1 Performance & Education Chair: Dr Albert Persaud, UK | Parallel 2 Educational & Health Innovations Chair: Professor Manuel Carballo, Switzerland | Parallel 3 Sports Impacts Co-Chairs: Dr Engilbert Sigurðsson, Iceland & Professor Alan Swann, USA |
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| <p>1.1 <i>Natural Healing</i> Mental, emotional & Physical wellbeing in young people, through the practice of Chinese philosophy and martial arts P Lockyer & M Niven, UK</p> <p>1.2 <i>DOST - Trinity Centre</i> Sailing: a positive intervention for vulnerable young people Magecha T, UK</p> | <p>2.1 Social and health outcomes from recovery programmes for young people with mental health problems JA Larsen & CL Street, UK</p> <p>2.2 Developing a preventative mental health service model for young people in a London Borough K Marlowe & S Murguia, UK</p> <p>2.3 The homelessness of the mentally ill: the old-new issue WK Abdul-Hamid & S Kotwal, UK</p> <p>2.4 Developing a peer-led health promotion programme S Gunn, S Audrey & R Campbell, UK</p> | <p>3.1 The Olympic Games and cultural diversity C Chen, UK</p> <p>3.2 Evaluation of sports initiatives for ethnic children A Michelsen la Cour, Denmark</p> <p>3.3 Sport, education and culture D Ndetei, Kenya</p> <p>3.4 Maturity assessment of elite and non-elite adolescent male and female athletes SJ Hemmings, JG Morris, LA Barrett, ME Nevill, UK</p> |

12.30 - 13.30 *Lunch*

13.30 - 14.30 **PLENARY LECTURES**

Chair: Professor Kamaldeep Bhui

13.30 - 14.00 **Sharing Knowledge, Changing Lives: young cultural warriors from Britain and Brazil**
Professor Paul Heritage, Professor of Drama and Performance, Queen Mary, University of London and Director of People's Palace Projects, UK

14.00 - 14.30 **Thinking like Young People: Impulsivity and Regulation**
Professor Alan Swann, Pat R. Rutherford Professor and Vice Chair for Research at the University of Texas Medical School, USA

14.40 - 15.40 **PARALLEL SESSIONS**

| Parallel 4 Performance Health & Wellbeing Chair: Professor Paul Heritage, UK | Parallel 5 Innovations Co-Chairs: Professor Manuel Carballo, Switzerland & Dr Engilbert Sigurðsson, Iceland | Parallel 6 Chair: Professor David Ndetei, Kenya |
|--|---|---|
| <p>4.1 The Well London programme focuses on communities with the lowest levels of health and wellbeing, running a range of educational, sports and cultural projects that work with local people to transform their health P Heritage, UK</p> | <p>5.1 <i>Kids Company</i> The keyworking relationship through the arts and sport with young people J Caldwell, D Gustave, UK</p> <p>5.2 <i>Mental Health Helpline Partnership (mhhp)</i> Telephone helpline for population mental health F Kerr, UK</p> <p>5.3 A recruitment initiative for Psychiatry. How can we win hearts and minds? R Suren, H Bruce, N Bass, K Murgatroyd, UK</p> | <p>6.1 Don't tell Mom that I'm bicultural R Bennegadi & U Kalil, France</p> <p>6.2 The development of religious tolerance in primary school children S Dein, UK</p> <p>6.3 Sport and Art: cultural rehabilitation opportunities for young people with mental health problems in Uganda L Blanks, UK</p> <p>6.4 Transforming talk: a dialogical approach to anti-discrimination education for adolescents ER Lindley, UK</p> |

15.40 - 16.10 *Coffee*

16.10 - 17.00 **CLOSING ADDRESS**

Co-Chairs: **Diana Bass**, King's College London, UK
& **Professor Kamaldeep Bhui**

Leadership on and off the field

Mr Michael Brearley, OBE

Psychoanalyst and current President of the British Psychoanalytic Society and former England cricket captain