



November 2008

**To: Delegates attending the British Hypertension Society Clinical Education Meeting for Primary Care  
Manchester Conference Centre - Tuesday 18<sup>th</sup> November 2008**

Dear Colleague

Arrangements are proceeding well for the above meeting which you have registered to attend. We would like to take this opportunity to provide final details concerning the meeting.

The registration desk will open in the foyer of the Manchester Conference Centre and coffee will be served from 08.00 hrs onwards on Tuesday 18<sup>th</sup> November. Lectures will commence at 09.00 hrs.

Case presentations: If you have an interesting or difficult case which you would like included in the afternoon session, please fax back the enclosed form as soon as possible.

If you now find you are unable to attend for any reason, or wish to make changes to your registration booking, **please inform us as soon as possible**. The Secretariat regrets that registration fees are NOT refundable at this stage, although named substitutions will be accepted at any time.

Please find enclosed a General Information leaflet, current programme and directions to the College. Please read the information carefully and contact us if you have any queries.

We look forward to welcoming you to Manchester in the coming weeks.

Yours sincerely

Gerry McCarthy  
gmccarthy@hamptonmedical.com

Anne Lafond  
alafond@hamptonmedical.com

**Secretariat**  
**BHS Clinical Education Meeting for Primary Care**

Encs:  
General Information  
Directions to Manchester Conference Centre  
Current Programme  
Case Presentation Form

*Please direct queries to Hampton Medical Conferences, 113-119 High Street, Hampton Hill, TW12 1NJ  
Telephone: 020 8979 8300, Fax: 020 8979 6700*

# General Information

## ARRIVAL AND REGISTRATION

Registration will take place in the foyer of the Manchester Conference from 08.00 hrs onwards on Tuesday 18<sup>th</sup> November. Your registration fee covers the cost of meeting materials and lunch / teas / coffees.

## MESSAGES

As a courtesy to speakers please ensure that your mobile telephone is switched off during lectures. Messages can be left with the Secretariat by contacting the Registration Desk at the Manchester Conference Centre on +44 (0) 161 955 8000

## INTERNET ACCESS

Wi-Fi is available in the Conference Centre, you can get a wireless voucher which provides a username and password and this would gain you access to the internet, the vouchers are priced at £5 per voucher for 24 hour access.

## TRANSPORTATION

The Manchester Conference Centre enjoys a privileged position only minutes away from the newly refurbished Piccadilly Station with its 15 minute rail shuttle to the airport just 8 miles away. As well as being conveniently situated in Manchester city centre, the Manchester Conference Centre is a compact self-contained site with ample parking, a NCP car park is adjacent to the Conference Centre and the cost is £10.00 for 24 hours.

## HOTEL ACCOMMODATION

For delegates who have booked accommodation at the Palace Hotel through the Secretariat, payment for bed and breakfast will be covered by your accommodation payment. All room extras (telephone calls, bar bills etc) should be settled directly with the hotel on departure. Any subsequent changes to accommodation requirements should be directed to the Secretariat **NOT** the hotel. Check in is from 15.00 hrs and check out is 12.00 hrs.

Tel: +44 (0) 161 288 1111  
Fax: +44 (0)161 288 2222  
Website: [www.principal-hotels.com](http://www.principal-hotels.com)

## DINNER

Delegates attending the Dinner on Monday 17<sup>th</sup> November at 20.00 hrs at the Palace Hotel, should meet in the Director's Suite (2<sup>nd</sup> floor) for a **Pre Dinner Drinks Reception** (no additional cost) at 19.30 hrs. Dinner will be served at 20.00 hrs in the Director's Suite. Dress code for the dinner is lounge suit. If you have not purchased tickets for the dinner and would like to do so, please contact the Secretariat as soon as possible as there are places still available.

## Q & A SESSION

Delegates who wish to ask a question anonymously during the Q & A Session can complete a card which will be available in their delegate pack. This should be given to one of the Secretariat staff at the Registration Desk before the session.

# MAP TO MANCHESTER CONFERENCE CENTRE AND PALACE HOTEL



**The address of the Manchester Conference Centre is**

Manchester Conference Centre

Weston Building

Sackville Street

Manchester M1 3BB

Tel: +44 (0) 161 955 8000

Web: [www.manchesterconferencecentre.co.uk](http://www.manchesterconferencecentre.co.uk)

**The address of the Palace Hotel is :**

Palace Hotel

Oxford Street

Manchester M60 7HA

Tel: +44 (0)161 288 1111

Web: [www.principal-hotels.com](http://www.principal-hotels.com)



# 10<sup>th</sup> BRITISH HYPERTENSION SOCIETY CLINICAL EDUCATION MEETING FOR PRIMARY CARE

**Tuesday 18<sup>th</sup> November 2008**  
**Manchester Conference Centre**

## PROGRAMME

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08.00 - 09.00 REGISTRATION AND COFFEE

### SESSION 1 REACHING TARGETS I

Chair: **Dr. James McLay**  
Senior Lecturer in Medicine and Therapeutics, University of Aberdeen

09.00 - 09.20 1.1 What do ABPM and home blood pressure measurements actually mean?  
**Professor Paul Padfield**  
Consultant Physician, Western General Hospital, Edinburgh

09.20 - 09.30 Discussion

09.30 - 09.50 1.2 Lipids in the real world  
**Professor Lewis Ritchie**  
Mackenzie Professor of General Practice and Primary Care,  
Foresterhill Health Centre, Aberdeen

09.50 - 10.00 Discussion

10.00 - 10.20 1.3 Who fails to achieve blood pressure and lipid targets - patients or doctors?  
**Professor Francesco Cappuccio**  
Cephalon Professor of Cardiovascular Medicine and Epidemiology,  
University Hospital Coventry

10.20 - 10.30 Discussion

10.30 - 11.00 COFFEE

### SESSION 2 REACHING TARGETS II

Chair: **Professor Tom MacDonald**  
Professor of Clinical Pharmacology and Pharmaco-epidemiology,  
Ninewells Hospital and Medical School, Dundee

11.00 - 11.20 2.1 Investigating the hypertensive who does not reach target in primary care  
**Professor Tom MacDonald**  
Professor of Clinical Pharmacology and Pharmaco-epidemiology  
Ninewells Hospital and Medical School, Dundee

11.20 - 11.30 Discussion

11.30 - 11.50 2.2 Treatment options to get the resistant hypertensive to target  
**Professor Peter Sever**  
Professor of Clinical Pharmacology, Imperial College London

11.50 - 12.00 Discussion

12.00 - 12.20 Panel Discussion led by Professor Tom MacDonald  
Questions from the morning

12.20 - 12.40 2.3 Hypertension as a primary care sub-speciality: the education and training implications  
**Professor Neil Jackson**  
Dean of Postgraduate General Practice Education, GP Department,  
London Deanery

12.40 - 12.50 Discussion

12.50 - 13.50 LUNCH

### **SESSION 3**                    **CHILDREN AND TEENAGERS**

Chair: **Professor J. Kennedy Cruickshank**  
Professor of Cardiovascular Medicine and Clinical Epidemiology,  
Manchester Royal Infirmary

13.50 - 14.20 3.1 Should we be measuring blood pressure in children and teenagers?  
**Dr. Jane Deal**  
Consultant Paediatric Nephrologist, St. Mary's Hospital, London

14.20 - 14.30 Discussion

14.30 - 14.50 3.2 Should we be treating young diabetics with statins and antihypertensives?  
**Professor Bryan Williams**  
Professor of Medicine, Leicester Royal Infirmary

14.50 - 15.00 Discussion

15.00 - 15.30 TEA

### **SESSION 4**                    **PANEL AND AUDIENCE DISCUSSION**

Chair: **Professor Gordon McInnes**  
Professor of Clinical Pharmacology, Western Infirmary, Glasgow

15.30 - 16.30 **Case Presentations**

To include:

- Young hypertensive male
- Young hypertensive pregnant female/ female who wishes to become pregnant
- Young hypertensive female seeking OCP
- Elderly systolic hypertension
- Obese hypertensive
- The hypertensive with multiple adverse drug reactions

Panel: **Dr. Jane Deal**  
Consultant Paediatric Nephrologist, St. Mary's Hospital, London

**Dr. Philip Lewis**  
Consultant Cardiologist, Stepping Hill Hospital, Stockport

**Professor Lewis Ritchie**  
Mackenzie Professor of General Practice and Primary Care,  
Foresterhill Health Centre, Aberdeen

**Professor Bryan Williams**  
Professor of Medicine, Leicester Royal Infirmary



**10<sup>th</sup> BRITISH HYPERTENSION SOCIETY  
CLINICAL EDUCATION MEETING FOR PRIMARY CARE**

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Please complete the form below if you have an interesting or difficult case which you would like included in the afternoon session, please fax back the enclosed form as soon as possible.

Last Name/Surname..... First Name.....

Business tel. no.....

Email .....

Please find below the case I would like to have included in the afternoon session:

**Please fax back this form to +44 (0)20 8979 6700.**